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estimated

NAME THIS SUBWAY
RIDERS INVITED TO WEIGH IN ON NEW SPADINA LINE STATIONS {page 3}

SIMPSON
PREGNANCY TALK BUT NO CHANGE TO WEDDING PLANS
{page 37}

TORONTO metro®
Thursday, September 29, 2011
www.metronews.ca
News worth sharing.

Judge cuts award to teen in dog mauling

Court orders dog breeder to pay damages to granddaughter for injuries sustained when attacked by French Mastiffs eight years ago Reduces original amount by 25 per cent

A grandmother has been ordered to pay her granddaughter thousands of dollars in damages for a dog mauling eight years ago.

Heather Laverdiere, who breeds French Mastiffs, must compensate her estranged granddaughter Jynnie Kent for serious injuries sustained when she was 11.

But Ontario Superior Court Justice Darla Wilson reduced the original $245,000 award set by another judge by 25 per cent because she found the victim, now 18, contributed to her own misfortune.

The judge also threw out Kent's claim against the Township of Uxbridge, which had inspected Laverdiere's dog pens.

Reached yesterday, Kent said she was disappointed she lost against the township, and has won only against her grandmother, whom she believes will never pay up. "I'll never get a thing from her," she said. "I hate her."

A woman reached at Laverdiere's phone number in Alberta, where she has moved, hung up when asked for comment.

The attack occurred on Oct. 26, 2003, when Kent and her 12-year-old sister were visiting their grandmother in Uxbridge, Ont.

Laverdiere kept six adult French Mastiffs — also called Dogues du Bordeaux — and three puppies in contravention of Uxbridge's bylaw, which only allows a maximum of three dogs per resident.

"Had she (Jynnie Kent) not gone into the backyard on her own and entered the pens she would not have been injured."
ONTARIO SUPERIOR COURT JUSTICE DARLA WILSON IN HER WRITTEN JUDGMENT

Kent testified she entered the pens and, as she turned to leave, was attacked, initially by two of the dogs, and fell to the ground and blacked out.

Her body was torn in 13 places, and she had more than 150 puncture wounds, she said in an interview. She still has scars all over her body and recurring pain in her right leg, she said.

Laverdiere testified that her dogs were very well trained and had never shown signs of aggression. The former TTC bus driver countersued for more than $993,000, claiming damages from the plaintiffs and Uxbridge as a result of the dogs having been destroyed or lost after the attack. The judge threw out her claim.
TORSTAR NEWS SERVICE

DAVID COOPER/TORSTAR NEWS SERVICE

▶ Jynnie Kent was mauled by her grandmother's dogs when she was 11. She is now 18. Inset photo shows the scars sustained from the attack.

Leaders' debate

Shut out but not silenced

Green party hosts rally in protest of exclusion Running 107 candidates {page 6}

Knox drops attitude

She's changed, say family and friends
{page 14}

Farmer's raw-milk fight sours

Province wins appeal against cow-share program {page 10}

Blond genes available at sale price

Sperm bank says low demand for 'Nordic' specimens {page 18}

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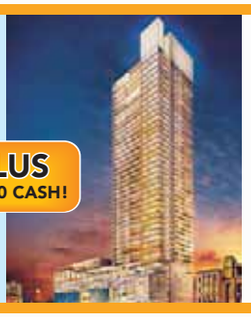

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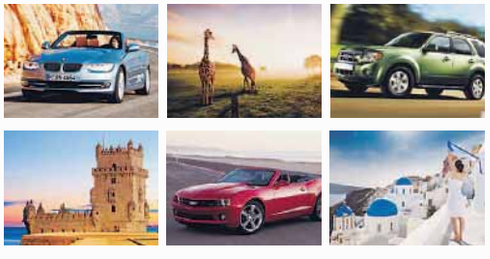

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Metro Toronto readership grows

Metro's position as Toronto's No. 1 Free Daily Newspaper stands, according to results released yesterday by the Newspaper Audience Databank (NADbank).

Metro Toronto now reaches 495,500 daily readers and 1,144,900 weekly readers in the Toronto Census Metropolitan Area (CMA), with 376,300 daily readers and 799,700 weekly readers in the City of Toronto.

In comparison to the 2009-10 NADbank release, Metro Toronto has strengthened its leadership position by having the highest composition of adults 18-49, to 71 per cent in the Toronto CMA and 75 per cent in the City of Toronto.

"The NADbank results confirm that Metro continues to resonate with our readers: almost half a million YAMs (youthful, active metropolitans) read Metro every day of the week in Toronto," says Bill McDonald, president of Metro English Canada and publisher of Metro Toronto.

"A focus on continuous improvement and innovation has been a critical part of our success. Increased coverage of news that matters to readers, especially local news, along with enhanced distribution strategies and creative marketing initiatives have all contributed to this amazing growth. With ongoing improvements in our distribution network, we anticipate our reach will continue to grow well into the future." METRO

A leader in print

Highlights of Metro Toronto's readership results compared to 2009-10:

- 75 per cent of Metro Toronto readers are in the 18-49 demographic. This represents the highest percentage of readers in this demo compared to all other newspapers in the city.
- In the City of Toronto, Metro gained 10,300 readers aged 18-34.
- 36 per cent of all Torontonians read Metro weekly.

TTC asks for help naming stops

Survey also asks whether TTC should break with its geographical naming convention

The TTC is using an online survey to get the public's input into the names given new stations on the Spadina subway extension, including potentially renaming Downsview station Sheppard West.

Toronto's subway stations typically take their names from the closest major intersection. There are exceptions, however, on the University line, where the cross-streets are the same as those on the Yonge section — hence St. Andrew and Osgoode stations.

Plans call for six new stations along the 8.6-kilometre route, scheduled to open in 2015. The first is now referred to as Sheppard West. But because that station goes right into Downsview Park, the TTC is considering switching the names — so the existing Downsview station becomes Sheppard West, and the new station north of that takes the name Downsview Park.

TORSTAR NEWS SERVICE

Public input

The survey on the TTC website, ttc.ca, isn't a poll, stressed TTC spokesman Brad Ross.

- While the public input will be taken into consideration, it will be the city councillors on the Toronto Transit Commission that ultimately approve the station names, with some input from the City of Vaughan, probably late this year or early next.

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Mayor Rob Ford joines dignitaries including Minister Peter Kent, Minister Kathleen Wynne, Bill Fisch and TTC chair Karen Stintz in a ceremonial flipping of the switch at the launch site of the Spadina subway extension last June.

1 news

The discovery in Alberta of the fossilized remains of two giant reptiles is helping to solve century-old evolutionary mysteries. Scan code for story.

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A woman planning to live-stream a home birth explains her decision — and invites you to watch. Video at metronews.ca

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Towing on the wane in Toronto

Decline seen despite rising gridlock Congestion costing the city $6 billion a year: Board of Trade

Fewer vehicles are getting towed for being parked illegally on city streets, even as downtown gridlock gets worse.

Information obtained by the Toronto Star shows towing has been on a steady decline, dropping by 33 per cent in just five years.

The decline is even more dramatic when limited to main arteries in the downtown core during rush hour, according to data gathered by the Ontario Safety League.

The Toronto police parking-enforcement unit attributes the drop to compliance. Parking fines have increased and police say more people are following the rules.

Police have not identified any other factors contributing to the decline, said spokeswoman Const. Wendy Drummond.

27,400 Toronto police records show that about 27,400 vehicles were towed last year, compared with 41,000 in 2005.

"You can't come up with 100 per cent of the reasons why," she said.

Tow-company workers have other theories. Some say parking enforcement officers don't always call for a tow when they find vehicles blocking traffic.

"I don't want to get in a pissing contest with these guys, but I can guarantee you that the priority is to (ticket) rather than tow," said A Towing president Alex Anissimoff.

Anissimoff and others point out that officers can ticket more if they tow less. It takes only a minute or two to print a ticket. Towing takes longer because officers have to wait for the truck and supervise the tow.

Each year, parking-enforcement officers generate $80 million for the city.

Officers do not have official daily quotas, police said, but they are expected to meet a "performance standard" based on the number of tickets issued in years past. Those who issue more tickets are rewarded with a day off.

TORSTAR NEWS SERVICE

Distracted. Driving

▶ Students at Northern Secondary School in Toronto pass out information about the dangers of distracted driving to pedestrians as part of Allstate Canada's Action Against Distraction campaign yesterday.

HUGH LI/CONTRIBUTED

Students spread the word

In one short hour at a busy intersection near Northern Secondary School, students tallied 199 distracted drivers. Eating/drinking was the most common distraction. Talking to other passengers and smoking came in second and third, respectively. Talking on a phone or texting made up 15 per cent of all counted distractions.

McCallion denies politicking for friend

Mississauga Mayor Hazel McCallion admits visiting polling stations while voting took place for a byelection last week. But she denies telling residents to cast their ballots for her friend.

The friend in question is Bonnie Crombie, who was sworn in as the city's newest councillor yesterday, then had to listen to questions from an election rival that implied the mayor may have been skirting election laws that forbid politicking at the polls.

"No way, no way," McCallion responded to reporters during a break, when asked if she told voters who to support before they walked into polling stations for the Sept. 19 byelection.

But Mark Cashin, who asked McCallion several questions in front of council, told the Toronto Star he and other candidates have been contacted by voters who said McCallion was at various polling stations pushing them to vote for Crombie.

SAN GREWAL/TORSTAR NEWS SERVICE

▶ Mississauga Mayor Hazel McCallion, right, celebrates Bonnie Crombie's win in the Ward 5 Mississauga byelection Monday.

McCallion told him during the council meeting she would answer his questions in writing later, before she addressed them with reporters.

Cashin emphasized that his concerns are not sour grapes.

"It goes to everybody's fear that council is being stacked," he said, referring to last October's municipal election, when McCallion vigorously campaigned for allies running against her council opponents. Two of those opponents were defeated.

Asked why she would attend polls, McCallion said: "I go to polling stations every election. I visit as many polling stations as I can. I just talk to the staff, encourage them, and some people come up to speak to me."

TORSTAR NEWS SERVICE

Court rules water park to return whale

Ontario's Court of Appeal has upheld a lower-court decision ordering Marineland to return a killer whale to the Florida water park that lent it out.

In July, an Ontario Superior Court judge ordered the Niagara Falls amusement park to return Ikaika to SeaWorld. The initial ruling focused on legal technicalities surrounding the "breeding loan agreement" between the parks.

"The breeding loan agreement is not a long-term agreement.

The maximum term of the loan of Ikaika is only four years and thereafter only a year at a time," wrote appeals-court Justice Stephen Goudge.

THE CANADIAN PRESS

Parking: We actually have it pretty good

Next time you're circling the block in search of a parking spot, here's something to cheer you up: Other cities have it much worse.

Out of 20 cities around the world, Toronto is the third-easiest place to park, following Los Angeles and Chicago, according to a survey by IBM released yesterday.

It's quite the reverse in Bangalore or Beijing, where motorists often give up looking for spaces and drive somewhere else.

The parking index IBM used is calculated from surveying 8,000 people on how long it takes to find a space, if they can find one, disagreements over the parking space, parking tickets received and tickets received for illegal parking.

It takes Torontonians 13 minutes on average to find a parking spot. For drivers in Nairobi it takes half an hour, well above the global average of 20 minutes. Thirteen per cent of drivers surveyed in the Kenyan capital have searched for a spot for over an hour.

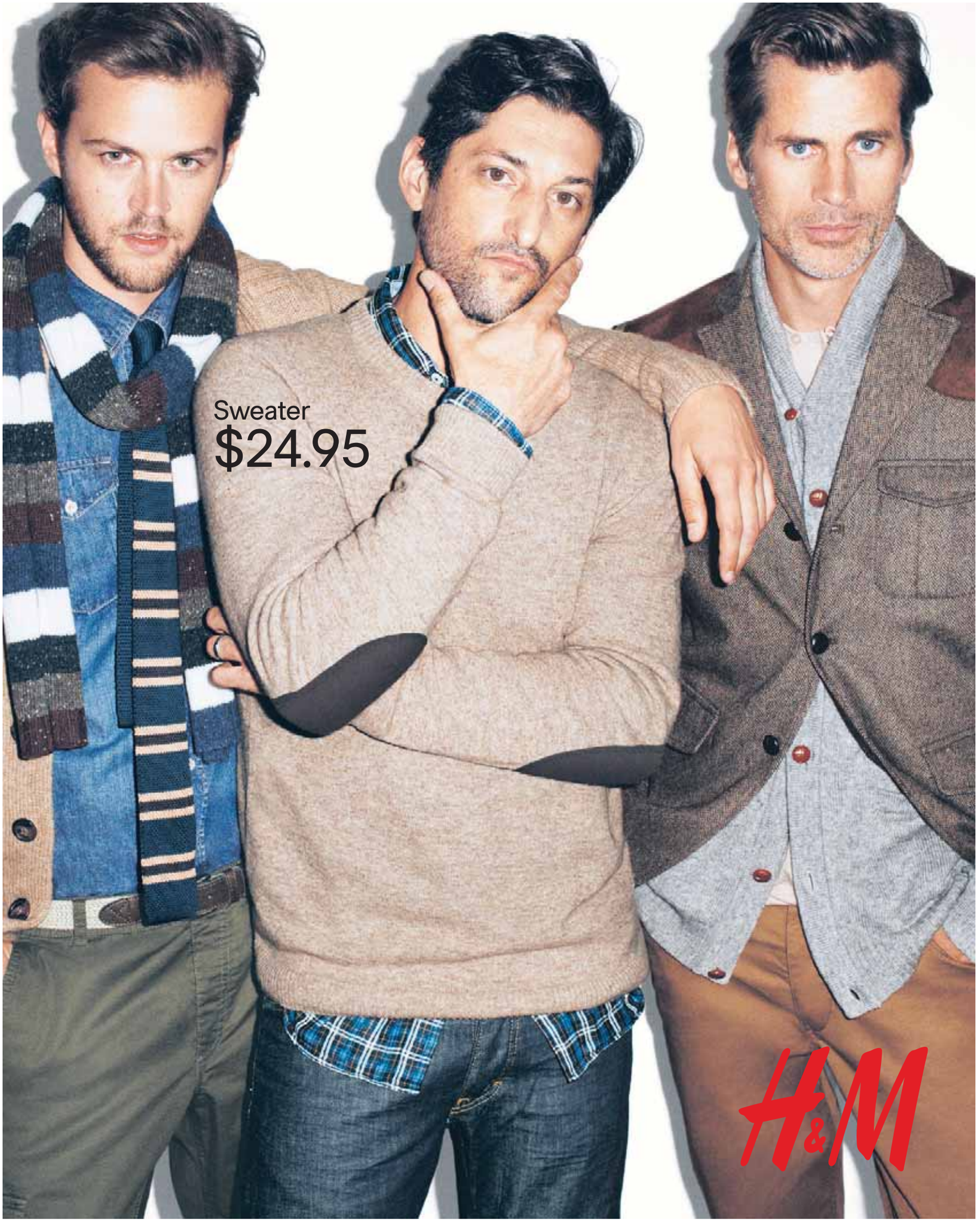
Proud City

▶ The Toronto Parking Authority is proud of the result. "It confirms that the parking in Toronto stacks up really well in the world," said spokesman Ian Maher.

Drivers are most likely to argue over a space in New Delhi, with 58 per cent of drivers there admitting to at least one fight. Globally, one-quarter of the respondents reported arguing about a space.

In Toronto, only 13 per cent said they've fought over a spot.

TORSTAR NEWS SERVICE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Ontario Greens protest debate snub, vow not to be silenced

Party pushed for Schreiner's inclusion in the leader's debate

LIA GRAINGER
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DECISION ONTARIO

While the NDP, PC and Liberal leaders went head to head Tuesday night, the Green Party of Ontario was hosting their own rally in protest of their exclusion from the only televised leaders' debate in this provincial election.

About a hundred Green Party members gathered at the headquarters of the party's Trinity-Spadina riding to hear what leader Mike Schreiner would have said had he been included in the evening's televised proceedings. The rally began at 6:30 p.m. to coincide with the start of the leaders' debate.

"The debate is happening down the street, and we need to shout to show them we're here, and that the GPO will not be silenced," said Schreiner.

The party will run a full slate of 107 candidates in this election, and at least a dozen of them were on hand Tuesday evening, along with their volunteers and supporters. "I'm not impressed," said Anthony Navarro, a volunteer from Ajax-Pickering. "I was really hoping we'd have a voice, considering the number of votes we've gotten compared to other independents." Ultimately, the Ontario TV Debate Consortium, which includes CBC, CTV, Global TV, Sun TV News and TVO, decided Schreiner would not be included.

The debate was projected on a wall at the rally, and attendees were encouraged to tweet their displeasure at their party's absence from the proceedings.

And while Schreiner was all smiles as he spoke to his supporters, it wasn't the provincewide audience he had hoped to address.

"The debate is the one event where the whole province engages with the leaders — in many campaigns it's one of the most important events, if not the most important event," said Schreiner.

"To deny 354,000 Ontarians a seat at the table, I think that's bad for democracy."

CONTRIBUTED

▶ Green Party of Ontario Leader Mike Schreiner addresses supporters at a rally Tuesday night at the headquarters of the party's Trinity-Spadina riding.

VOTES

Where the Green Party stands in the polls

LIA GRAINGER
TORONTO@METRONEWS.CA

The latest numbers show the Green Party controlling 5 per cent of the vote, and an Ipsos Reid poll released Monday found that 76 per cent of Ontarians agreed Schreiner should have been allowed to participate, despite the common practice of only including parties that have representation in the legislature.

Schreiner then took to the podium and addressed the Green Party policy initiatives he says he would have raised had he been at the debate, including the creation of a carbon tax, freezing tuition rates, lowering energy costs by reducing energy usage, and controlling health-care costs using preventative measures like improved access to healthy food.

Baby at centre of end-of-life dispute dies

The Windsor baby who was at the centre of an end-of-life debate has died, his father has confirmed.

Moe Maraachli said Tuesday night that his son, Joseph, better known as Baby Joseph, had died. He was 20 months old.

Baby Joseph drew international attention after doctors at London Health Sciences Centre — where he was being treated for the rare neurological disease called Leigh Syndrome — said they planned to take him off assisted breathing. Doctors determined the baby was in a permanent vegetative state and his condition was deteriorating.

But Joseph's parents said removing their son's breathing tube would cause him to suffocate, with undue suffering, and they asked doctors to give Joseph a tracheotomy that would allow him to breathe through a tube in his throat.

Doctors did not agree to perform the tracheotomy that would extend his life because the disease is terminal.

The matter went to an Ontario court, where it was decided doctors could remove the child's breathing tube.

Earlier this year, following a campaign to have Baby Joseph treated outside of Canada, a U.S. hospital granted him the tracheotomy in March.

Messages of condolence have poured in on a Facebook site where the baby has attracted nearly 15,000 members.

"RIP Baby Joseph," wrote a poster who identified herself as Grace Parry. "No one fought harder to live than you."

The couple had previously lost an 18-month-old daughter to the same disease. She had a tracheotomy and lived at home for six months before she died.

TORSTAR NEWS SERVICE WITH FILES FROM THE CANADIAN PRESS

CRAIG GLOVER/THE CANADIAN PRESS

▶ Baby Joseph Maraachli.

For more local news visit metronews.ca/Toronto

Treatment

- **Their fight.** After the London hospital's decision, Joseph's parents took their fight to the Ontario Superior Court, but lost. They turned to hospitals in the United States and found one, Cardinal Glennon Children's Medical Centre in St. Louis, which agreed to treat the child.
- **Operation.** Priests for Life, a New York-based group that lobbies against abortion and euthanasia, paid for Joseph's transfer to the U.S. hospital. The tracheotomy was performed March 21 and the family returned home a month later.

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Stat! ER jibe haunts Horwath in Steeltown

Her comments at TV debate upset Hamilton front-line caregivers

CHRIS YOUNG/THE CANADIAN PRESS

▶ It's the morning after ... and as the dust settles after her comments about an episode in a Hamilton emergency room, Andrea Horwath outlines the NDP's election aims at a Toronto rally yesterday.

DECISION ONTARIO

Andrea Horwath was in hometown hot water yesterday over comments she made about a Hamilton hospital in the TV debate.

The Ontario NDP leader surprised many at the debate by showcasing her scrappy personality and getting a few zingers at Premier Dalton McGuinty.

Trouble is, she also criticized her son's treatment at Hamilton General Hospital, a major employer in her hometown.

Eighteen-year-old Julian Leonetti went to the emergency room after a skateboarding accident, she said Tuesday, and "they didn't do anything for his fractured elbow."

"They sent him home and said it doesn't really need anything, they can't afford a cast and go home and somebody will help you figure out how to put a sling on it."

Her comments upset workers at the hospital, and yesterday Horwath softened her tone.

"Ontarians do have a real choice ahead of them."
ANDREA HORWATH YESTERDAY

"The example was meant to illustrate people are disappointed with the service they're getting at the hospitals, and I don't blame hospitals for that one bit.

"I blame a government that's not focusing on patient care and is instead more focused on CEO salaries."

She conceded her son did receive an X-ray, but insisted he was told there was no need for a cast because nothing moved, which meant there was no need to spend the money.

Spokesperson Jeff Vallentin said her comments were "very disturbing to a lot of people here at the hospital, most particularly the front-line caregivers in the emergency department," said Vallentin.

THE CANADIAN PRESS

'Safe choice' Dalton comes out swinging

NATHAN DENETTE/THE CANADIAN PRESS

"We can't wait for the outside world to drive growth ... here in Ontario."
DALTON MCGUINTY

Premier Dalton McGuinty is banking on his experience to sway Ontario voters, painting himself as a safe choice to protect the province in the face of economic uncertainty.

Ontario needs "a strong champion at the national table," one willing to make sure the province gets what it needs, McGuinty said yesterday.

McGuinty said Tim Hudak can't be trusted to stand up to Stephen Harper and defend Ontario jobs and health care.

He also addressed the threat of another recession, hinting his party would fine-tune its economic plan over the next few days and "take responsible steps" to boost job creation.

THE CANADIAN PRESS

HUDAK'S JAIL PLAN

No pay, 40 hours of work

Days spent watching television, playing poker and lifting weights are over for prisoners in Ontario jails if the Progressive Conservatives win the Oct. 6 election, party leader Tim Hudak vowed yesterday.

Hudak promised to force the roughly 2,900 prisoners in provincial jails to work 40 hours a week, without pay, cleaning up parks and other public spaces.

"We want our Ontario prisoners to do just what every law-abiding man and woman does in the province: An honest day's labour before enjoying leisure time," Hudak said in Vaughan.

"No more high definition cable TV packages. We want prisoners to give back to society that they've taken from. It's only fair."

There's nothing wrong with forcing prisoners to rake leaves, cut grass and pick up trash, said Hudak.

But he twice failed to say how his inmate work program would differ from American chain gangs.

THE CANADIAN PRESS

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Sour ruling for raw-milk farmer

TRACEY TYLER/TORSTAR NEWS SERVICE

▶ Dairy farmer Michael Schmidt believes drinking raw milk is a constitutional right, but an Ontario court yesterday disagreed. Schmidt could face heavy fines.

◐ Ontario court convicts dairyman of illegally selling unpasteurized milk ◐ Michael Schmidt vows to appeal

A crusader for the right to drink raw milk has been convicted of more than a dozen provincial offences relating to the sale of unpasteurized milk and could face hundreds of thousands of dollars in fines.

"I can't believe it," Michael Schmidt said yesterday at his farm in Grey County.

In a 77-page ruling, the Ontario Court of Justice dismissed every one of his arguments that distributing and purchasing raw milk was a well-informed consumer's constitutional right.

The province's successful appeal of a Jan. 21 ruling in Schmidt's favour was the latest chapter in the farmer's four-year battle to keep milk flowing from his raw-milk operation, which he described as a fight for "food freedom." The sale of untreated milk is illegal across Canada.

Schmidt runs a co-operative venture near Owen Sound with about 200 cow-share members, who buy a portion of a cow and pay to board the animal at his Glencolton Farms. Ontario's raw-milk laws do not apply to farmers, who can legally drink their own cows' milk.

But health officials maintain unpasteurized milk can contain deadly pathogens, including salmonella, listeria and the same strain of E. coli that killed seven people in Walkerton in 2000.

The Ontario health ministry says there were 145 cases of reported enteric illness associated with unpasteurized milk in Ontario between 2005 and 2009.

TORSTAR NEWS SERVICE

Got raw milk?

- **Michael Schmidt first went** on trial in September 2008, when he failed to obey a May 2007 court order not to distribute raw milk. He was found guilty, but refused to give up offering raw milk.
- **He was back in court in** January 2009, arguing that 20 charges laid against him under the Health Protection and Promotion Act and the Milk Act were unconstitutional. His cow-share program was ruled exempt from legislation because Schmidt provided raw milk only to his members, who consumed the milk at their own risk.
- **Schmidt created a musical** about his quest, titled Milk Trial by Jury, which was presented at a local farm.

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America leans on Egypt to play nice

MARY ALTAFFER/THE ASSOCIATED PRESS

▶ Hillary Rodham Clinton

The United States yesterday pressed Egypt's interim military leadership to strengthen Egypt's partnership with Israel and stick to scheduled elections later this year, even though a new set of leaders much less friendly to the U.S. and the Jewish state may be the winners.

After a meeting with the Egyptian foreign minister, U.S. Secretary of State Hillary Rodham Clinton went out of her way to describe the country's ruling military council as "an institution of stability and continuity," commending it for adhering to Egypt's 32-year-old peace agreement with Israel. She called the Camp David Accords "essential for stability and, of course, essential for Egypt's growth, prosperity and peaceful transition."

But alongside the praise she expressed some growing concerns with the military's domestic policies, specifically a decision to extend well into next year the emergency laws that were a mainstay of abuse during Hosni Mubarak's three-decade rule.

"We hope to see the law lifted sooner than that," Clinton told reporters. "We think that is an important step on the way to the rule of law, to the kind of system of checks and balances that are important in protecting the rights of the Egyptian people, to create the context for free and democratic elections."

THE ASSOCIATED PRESS

▶ A new construction site in the east Jerusalem Jewish settlement of Gilo on Tuesday. The Israeli government approved a plan for 1,100 new homes in the settlement, in a move the Palestinian leadership said snubs a Quartet proposal for new peace talks.

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MENAHEM KAHANA/GETTY IMAGES

Units are '1,100 no's to the resumption of peace talks'

Tension flares as Israel builds new settlement in disputed east Jerusalem

The Israeli government yesterday rejected international criticism of its decision to build 1,100 new Jewish housing units in east Jerusalem, claiming the plans do not hinder peace efforts with the Palestinians.

Israel announced Tuesday that it had given the green light for the new construction in the Jewish neighbourhood of Gilo in southeast Jerusalem. The Palestinians condemned the plan, and the U.S., European Union and United Nations all swiftly expressed their disappointment over the settlements, which raised already heightened tensions after last week's Palestinian move to seek UN membership.

"Gilo is not a settlement, nor is it an outpost, Gilo is a neighbourhood in the very heart of Jerusalem, only about a 5-minute drive from the very centre of town."

MARK REGEV, SPOKESMAN FOR PRIME MINISTER BENJAMIN NETANYAHU

"In every peace plan that has been put on the table over the last 18 years, Gilo remains an integral part of Jewish Jerusalem," said Mark Regev, a spokesman for Israeli Prime Minister Benjamin Netanyahu. "There is no contradiction between this planning decision and the government's desire to move forward in peace toward two states for two peoples."

The Palestinians have demanded that Israel halt all settlement construction in east Jerusalem, which the Palestinians claim as their future capital, and the adjacent West Bank — territories captured by Israel in the 1967 Mideast war — as a condition for resuming peace talks.

Since capturing east Jerusalem, Israel has annexed the area and ringed it with about 10 Jewish enclaves that are meant to solidify its control. Gilo, which is close to the Palestinian city of Bethlehem, is among the largest, with about 50,000 residents. Israel's annexation of east Jerusalem has not been internationally recognized.

Saeb Erekat, the chief Palestinian negotiator, said Tuesday after the Israeli housing announcement that the decision amounted to "1,100 no's to the resumption of peace talks."

With peace negotiations stalled for the past three years, the Palestinians last week asked the UN Security Council to recognize an independent Palestinian state in the West Bank, east Jerusalem and Gaza Strip.

THE ASSOCIATED PRESS

Divided by Jerusalem

The fate of east Jerusalem is the most explosive issue in the Israeli-Palestinian conflict. The sector is home to Jerusalem's Old City, which houses sensitive Jewish, Muslim and Christian holy sites.

Netanyahu says he will never relinquish east Jerusalem, which Israel considers an integral part of its capital. The Palestinian leadership has vowed it will not accept a state without key parts of east Jerusalem as its capital.

About 200,000 Jews live in east Jerusalem areas that Israel calls neighbourhoods and the Palestinians call settlements. Squeezed between them are Arab neighbourhoods that are home to some 250,000 Palestinians.

THE ASSOCIATED PRESS

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‘Terrified’ Knox drops the attitude

GIUSEPPE BELLINI/GETTY IMAGES

▶ Amanda Knox attends her appeal hearing on Tuesday in Perugia, Italy. Knox and Raffaele Sollecito are awaiting the verdict of their appeal that could see their convictions for the murder of Meredith Kercher overturned.

U.S. student dubbed a femme fatale and a naive, love-struck girl
Fate could be known by Saturday

Two years ago, as she waited to know whether she’d be found guilty of murdering her British roommate, Amanda Knox was so confident she thought she’d be flying home to Seattle within hours.

Still behind bars, the American is a changed woman, family and friends say — more mature, more wary of people around her, increasingly anxious as an appeals court verdict approaches.

The transformation they describe is seen on the outside. Gone are the Beatles T-shirt, the cocky demeanour, the irreverent smile. Now 24, Knox is conservatively dressed, thinner, clearly worn out.

“When she walked in for the (2009) verdict she was actually happy,” says her friend Madison Paxton, “like she thought she was going to be on a plane home in 12 hours, and was running to the courtroom. She wasn’t even remotely prepared for what she heard.”

“This time you see it manifest in her body and the way she physically responds to it — she is … terrified,” Paxton told the Associated Press.

Knox will know her fate within a week: She hopes to be freed after four years in jail, her accusers are asking the court to stiffen her penalty to life in prison.

THE ASSOCIATED PRESS

Case history

- Amanda Knox was convicted of sexually assaulting and murdering Meredith Kercher, a British student in Perugia, and sentenced to 26 years in prison.
- Co-defendant Raffaele Sollecito, an Italian who was Knox’s boyfriend at the time of the crime, was convicted of the same charges and sentenced to 25 years.

U.S. agency cut corners on climate: Report

The Obama administration cut corners before concluding that climate-change pollution can endanger human health, a key finding underpinning costly new regulations, an internal government watchdog said yesterday.

Regulators and the White House disagreed with the finding, and the report itself did not question the science behind the administration’s conclusions. Still, the decision by the Environmental Protection Agency’s inspector general is sure to encourage industry lawyers, global warming doubters in Congress and elsewhere, and Republicans taking aim at the agency for what they view as an onslaught of job-killing environmental regulations.

The report said the EPA should have followed a more extensive review process for a technical paper supporting its determination that greenhouse gases pose dangers to human health and welfare, a finding that ultimately compelled it to issue controversial and expensive regulations to control greenhouse gases for the first time.

“While it may be debatable what impact, if any, this had on EPA’s finding, it is clear that EPA did not follow all the required steps,” Inspector General Arthur A. Elkins, Jr. said in a statement yesterday.

The EPA and White House said the greenhouse gas document did not require more independent scrutiny because the scientific evidence it was based on already had been thoroughly reviewed. The agency did have the document vetted by 12 experts, although one of those worked for EPA.

THE ASSOCIATED PRESS

RICHARD LAUTENS/TORSTAR NEWS SERVICE

▶ Barak Obama’s administration is accused of cutting corners on climate change and its impact on health.

Reporter calls firing unfair

News of the World’s chief reporter is claiming unfair dismissal from his former publisher, Rupert Murdoch’s News International, a British employment tribunal filing showed.

News International said yesterday it “will vigorously contest the case.” Neville Thurlbeck is expected to claim he was fired for whistleblowing in the phone-hacking scandal that brought down his tabloid.

In a separate development, the Labour Party called on Murdoch’s son James to step down as the chairman of British Sky Broadcasting Group PLC over the scandal.

THE ASSOCIATED PRESS

THE ASSOCIATED PRESS FILE

▶ Neville Thurlbeck

Counterfeit items seized

RCMP have issued a warning against buying counterfeit products after fake Lululemon items were seized at a house party in Point Edward.

Police say about 100 fake items supposedly from the fitness wear retailer were seized in the community just west of Sarnia on Sept. 1.

No charges have been laid.

They say counterfeit items do not meet Canadian standards.

THE CANADIAN PRESS

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Pakistan targets China militants

Some Pakistan leaders hope China can fill economic void if U.S. decides to downsize ties with Islamabad

Pakistan's interior minister vowed yesterday to attack Chinese militants hiding out in his country's tribal region, an apparent attempt to curry favour with China at a time when its alliance with the U.S. is severely strained.

Rehman Malik relayed the strong show of support for Beijing after a meeting in Islamabad with Chinese Public Security Minister Meng Jianzhu.

Meng's visit comes as Pakistan's ties with the U.S. have soured over allegations that Islamabad supports Afghan insurgents that are based in Pakistan's tribal regions.

Pakistani Prime Minister Yousuf Raza Gilani heaped praise on China, saying the friendship between the two countries was "higher than mountains, deeper than oceans, stronger than steel and sweeter than honey."

AAMIR QURESHI/GETTY IMAGES

▶ Meng Jianzhu, left, greets Yousuf Raza Gilani in Islamabad this week.

However, many analysts doubt that China is interested in replacing the billions of aid dollars the U.S. gives Pakistan every year.

Security and political ties between Pakistan and the U.S. hit a near crisis-point after a top U.S. military officer, Mike Mullen, claimed last week that Pakistan's main spy agency backed militants that carried out attacks against US targets in Afghanistan. Pakistani officials have denied the allegations and said Washington is trying to use Pakistan as a scapegoat for its troubled war in Afghanistan.

Malik said Sunday that Islamabad had killed or extradited several Chinese militants, but didn't say when or from where.

"We will strike very hard against them," Malik said. "Anybody who is the enemy of China is the enemy of Pakistan." THE ASSOCIATED PRESS

Islamic forces

- China also has concerns about the spread of Islamist militancy in Pakistan.
- Muslim militants from China's western Xinjiang are known to be training and fighting on the Pakistan side of the Afghan border, along with al-Qaida and other international extremist networks.

Flood. Havoc

▶ Displaced flood-affected villagers burn tires and block the highway in Umerkot, Pakistan yesterday, demanding relief from the Pakistan government .

SHAKIL ADIL/THE ASSOCIATED PRESS

Hundreds dead in Pakistan floods

The floods have killed more than 220 people and destroyed some 665,000 homes, displacing 1.8 million people in Sindh province. Locals say poor administration has resulted in unnecessary delays. They also say the drainage system has caused the most damage with breaches and overflow.

Mets' owners to pay millions

The owners of the New York Mets will be forced to pay no more than $386 million US to resolve claims by a trustee collecting money for investors who lost billions of dollars in Bernard Madoff's fraud.

U.S. District Judge Jed Rakoff noted the figure in an order issued yesterday, several hours prior to a hearing scheduled for lawyers in the case.

The figure slices more than $600 million off the $1 billion award requested by court-appointed trustee Irving Picard in a lawsuit that accused the owners of turning a blind eye to the fraud. Rakoff tossed out most of the claims.

Rakoff said the $386 million consists of $83.3 million in fictitious profits accumulated by the Mets' owners in the two years before a bankruptcy court filing occurred.

It also includes more than $300 million in principal Picard maintains the Mets received during the two-year period.

The judge said Picard could only recover principal if he can prove that the Mets' owners knew about the fraud. The lawsuit had claimed the owners either knew or should have known Madoff was operating a multi-decade fraud.

Madoff, 73, is serving a 150-year prison sentence after pleading guilty to fraud charges.

He revealed the scheme in 2008, shortly after telling investors their money was worth as much as $68 billion, when there was only several hundred million dollars left of their roughly $20 billion investment. THE ASSOCIATED PRESS

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Top. Engineers

▶ A team of engineers, harnessed to ropes, inspect the exterior of the Washington Monument.

EVAN VUCCI/THE ASSOCIATED PRESS

Monumental inspection

The engineers were checking the exterior of the Washington Monument for damage caused by last month's earthquake in Washington.

Blond genes: Now on sale

Danish sperm bank offers discount on blond, redhead donors

It's an issue of supply and demand, not racism, says company

CHRISTIAN KLOSTER
NEWS@METRONEWS.CA
METRO WORLD NEWS IN DENMARK

A sperm bank in Denmark has announced it is no longer accepting donations from blond- and red-haired men. The Cryos international sperm bank in Aarhus said their 'Nordic' specimens — including 140,000 doses from redheads — are being sold at a discount due to a lack of demand.

"We have too much sperm from men with Scandinavian features, and relatively few customers request it, so we're attempting to sell it at a lower price — a sale, if you will," Ole Schou, director of Cryos, told Metro.

Sperm from dark-haired, brown-eyed men sells at the normal price, Schou added. "We sell out very quickly, and we haven't yet managed to recruit enough dark-haired, brown-eyed donors. Currently, we turn away all donor candidates with blond, dark-blond and red hair as well as blue, grey and green eyes. Instead, we're looking for those with dark hair and brown eyes," he said.

He points out that the sperm bank does not discriminate against any race or ethnicity; he simply wants to deliver the type of sperm the customers ask for.

"We need to get better at recruiting donors of other ethnicities right here in Denmark," Schou said.

The surplus inventory of sperm from blond men is the result of being headquartered in Aarhus where male students from the nearby university earn money by donating sperm.

A great number of Cryos' customers live in Spain, Italy and Greece, where they are not looking for a blond, blue-eyed addition to the family.

Cryos sells sperm to childless couples in more than 65 countries around the world. To meet the demand of the market, Cryos has opened branches in New York and in Mumbai, India.

Redheads 'very angry'

Cryos representatives say they have received an angry backlash after refusing to accept donors with red hair.

"We have received a number of complaints from redheads from all over the world. Some are very angry, even aggressive. They accuse us of racism," says Schou.

Schou is surprised at the backlash, and he apologizes to those who feel offended by Cryos's actions.

"I can assure you we don't discriminate against anyone. We have nothing against redheads. We're simply trying to meet the demands of our customers," he explains.

These days, Cryos representatives spend a great deal of time turning away angry redheaded donor candidates because they say it is a waste of resources, as it simply does not sell.

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Shooting was gang retaliation: Police

Boy, 14, charged with first-degree murder after man killed in Winnipeg 11 youths in city facing homicide charges this year Last year, there was just one

JAMES TURNER
@METRONEWS.CA
METRO CANADA IN WINNIPEG

The fatal shooting of a 20-year-old man in Winnipeg is linked to a street-gang conflict sparked by the recent stabbing death of a youth, police believe.

David Vincett was gunned down and left to die early Sunday after getting into a dispute with a teen boy, said police.

"This individual was specifically targeted," said Const. Jason Michalyshen.

Vincett "verbalized" that he was a member of a rival street gang and was shot, said police. The victim was diagnosed years ago with severe attention deficit hyperactivity disorder (commonly known ADHD) and was prone to impulsive behaviour.

However, there's no indication that Vincett was actually a gang member and he didn't know his accused attacker, said police.

While officers didn't name the gangs involved, police sources confirmed there's an ongoing violent rivalry between members of the Indian Posse (IP) and Most Organized Brothers (MOB) gangs.

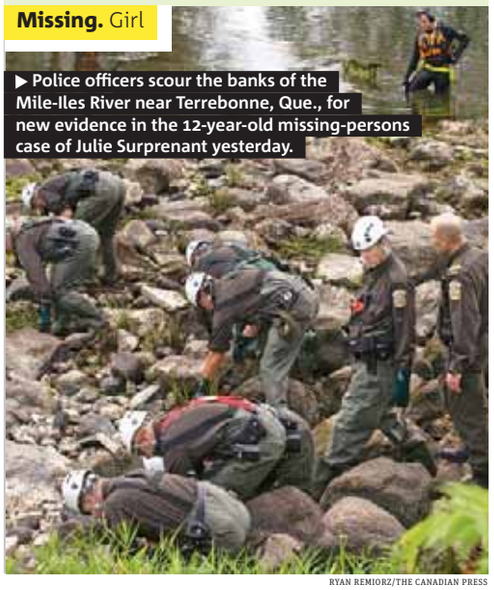
Police suspect the shooting was retaliation by the IP for the Sept. 10 killing of 15-year-old Clarky Stevenson a few blocks from the spot where Vincett was shot and killed.

The suspect in Vincett's killing was arrested late Tuesday evening. He cannot be identified under Canadian youth justice laws and is being held in jail.

The Crown may ask the courts to sentence him as an adult if convicted, and he could receive a life sentence with parole eligibility after five years.

The maximum jail time he would serve if convicted and sentenced in youth court is six years, followed by four years of supervision in the community.

Missing. Girl



▶ Police officers scour the banks of the Mile-Iles River near Terrebonne, Que., for new evidence in the 12-year-old missing-persons case of Julie Surprenant yesterday.

RYAN REMIORZ/THE CANADIAN PRESS

Cops act on new tip

Quebec police said they are acting on new information in the case of Julie Surprenant, who was 16 years old when she disappeared in 1999, after a nurse at a Laval hospital told a reporter that a man dying of cancer confessed five years ago to Surprenant's murder.

Laureates' letter urges PM to curb oilsands

Archbishop Desmond Tutu is one of eight Nobel Peace Prize winners who have signed a letter asking Prime Minister Stephen Harper to do what he can to stop the growth of Alberta's oilsands.

The letter comes three weeks after several Peace Prize laureates wrote a letter to U.S. President Barack Obama asking him to block the proposed Keystone XL Pipeline, which would increase oilsands exports to the United States.

"Just as we called on President Obama to reject the pipeline, we are calling on you to use your power to halt the expansion of the tar sands — and ensure that Canada moves towards a clean-energy future," the letter says. THE CANADIAN PRESS

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Fugitive found in Portugal after decades on the lam

Suspects identified themselves as a Black Panther group in 1972 airplane hijacking, police had said Hijackers smoked marijuana continuously

A 1970s militant who carried out one of the most brazen hijackings in U.S. history lived for decades in an idyllic Portuguese hamlet near a stunning beach with his Portuguese wife and two children, his neighbours said yesterday.

George Wright, 68, worked odd jobs around Almocageme, 45 kilometres south of Lisbon, most recently employed as a nightclub bouncer, said two neighbours who spoke on condition of anonymity because they feared being ostracized for speaking out.

Wright, taken into custody Monday at the request of the U.S. government, also spoke very good Portuguese, they said, adding that his children were now in their 20s.

▶ George Wright in a 1963 police handout

A woman who answered the door at his home in Almocageme said she had no comment and then closed the door.

Wright used the alias of Jose Luis Jorge dos Santos, U.S. officials said, and townspeople in Almocageme knew him as "Jorge" and "George."

Almocageme gas station attendant Ricardo Salvador said Wright had business cards which gave his first name as George and many locals called him that. Most locals questioned by the AP said they assumed Wright was African, not American.

"He was a very nice guy," Salvador said. "He used to wave as he drove past and I'd shout out, 'Hey, George!'"

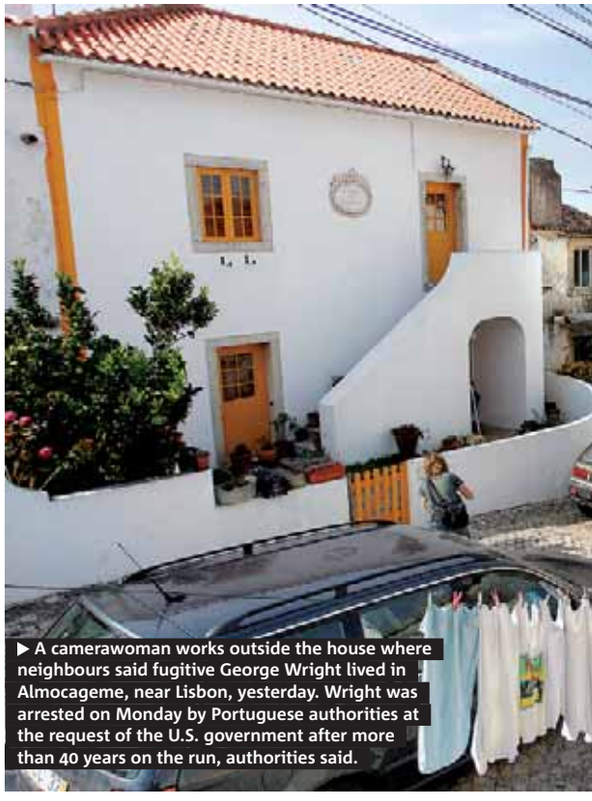
A fingerprint on a Portuguese ID card was the break that led a U.S. fugitive task force to Wright, who was arrested by Portuguese authorities and is being detained in Lisbon.

Wright was convicted of the 1962 murder of gas station owner Walter Patterson, a decorated World War II veteran who was shot during a robbery at his business in Wall, New Jersey.

Eight years into his 15- to 30-year prison term, Wright and three other men escaped from the Bayside State Prison farm in Leesburg, New Jersey, on Aug. 19, 1970.

The FBI said Wright became affiliated with an underground militant group, the Black Liberation Army, and lived in a "communal family" with several of its members in Detroit.

THE ASSOCIATED PRESS



▶ A camerawoman works outside the house where neighbours said fugitive George Wright lived in Almocageme, near Lisbon, yesterday. Wright was arrested on Monday by Portuguese authorities at the request of the U.S. government after more than 40 years on the run, authorities said.

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FRANCISCO SECO/THE ASSOCIATED PRESS

A religious disguise, 3 children in tow, and a $1M ransom

In 1972, George Wright — dressed as a priest and using an alias — hijacked a Delta flight from Detroit to Miami with four other BLA members and three children, including Wright's companion and their two-year-old daughter.

After releasing 86 passengers in exchange for a $1 million US ransom — delivered by an FBI agent wearing only swim trunks, as per the hijackers' demands — the hijackers forced the plane to fly to Boston.

There, an international navigator was taken aboard, and the plane was flown to Algeria, where the hijackers sought asylum. Algerian officials returned the plane and the money to the U.S.

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NEW LINE CINEMA/THE ASSOCIATED PRESS

▶ A reference to the disfigured villain in the Nightmare on Elm Street horror movies — along with other fictional characters — is under scrutiny after allegedly being used in a U.S. labour-claims training manual.

Krueger use sparks horror

Advocates for radiation-exposed workers see nothing funny about use of fake names, such as Nightmare's 'Freddie,' in manual's case studies

Representatives for U.S. atomic workers sickened by radiation exposure say they're stunned that a federal claims training manual uses fictional characters' names.

Deborah Jerison said she recently received the Labor Department manual in response to a Freedom of Information request made months earlier. Her late father worked at a now-defunct nuclear weapons plant in Miamisburg, Ohio.

She says that the manual she received uses names derived from TV and movies, such as claimant 'Freddie Krueger,' spelled slightly different than the Freddy in the famous Nightmare on Elm Street series.

The Krueger in the manual is reported as dying on Oct. 31 — Halloween.

The example apparently suffered from "depression, dementia and skin cancer."

Jerison, whose physicist father James Goode died in 1960, said she didn't like seeing someone in a situation similar to his being depicted that way.

"This is a very dark subject and I can see where people would use humour to get through it, but this is bad," she said.

Another claimant is called Jack Bauer, the hero of TV's 24. A pathologist is called Hannibal Lechter, an apparent reference to the cannibalistic Hannibal Lecter of books and movies.

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Media forced to give riot images

Investigators across North America poring over 1,600 hours of video for suspected Stanley Cup rioters

Police investigating the Stanley Cup riot in downtown Vancouver have begun serving warrants yesterday on media outlets to collect more images of suspected rioters.

The force also revealed how many people they expect to include in the first wave of charges late next month. Police expect to forward evidence to Crown counsel involving 40 people, although they insist hundreds will eventually be charged.

Insp. Les Yeo said officers were visiting news outlets to request raw footage taken during the June 15 riot, which followed the Vancouver Canucks' loss to the Boston Bruins.

CONTRIBUTED

▶This video frame grab captures the chaos of the Stanley Cup riot.

He said it will be added to the hundreds of hours of video already in the possession of police, either shot by officers or bystanders.

A police news release singled out the Vancouver Sun, the Vancouver Province, the Globe and Mail, Global TV, CTV and CBC. Such warrant orders are often controversial.

Yeo says photos of people who took part in the riot may be added to the police website so the public can help identify participants. Dozens of people have turned themselves in, and Yeo said they are among those expected to be charged next month.

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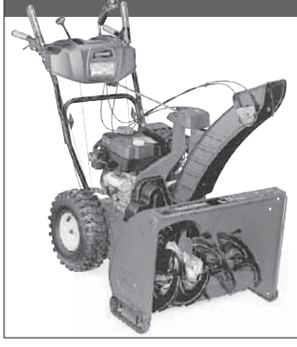

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▶ Saudi Arabia's King Abdullah bin Abdulaziz al-Saud, left, talks to the head of the Shura Council on Sunday in Riyadh.

Saudi king overturns lashing verdict

Woman caught driving in the kingdom was initially facing the whip

A Saudi government official says King Abdullah has overturned a court verdict that sentenced a Saudi woman to be lashed 10 times for defying the kingdom's ban on women driving.

He spoke yesterday on condition of anonymity because he was not authorized to brief the media.

A day earlier, a Saudi court found Shaima Jastaina guilty of violating the driving ban, and sentenced her to 10 lashes.

It was the first time a legal punishment had been handed down for breaking the longtime ban in the ultraconservative Muslim nation.

No laws prohibit women from driving, but conservative religious edicts have banned it.

THE ASSOCIATED PRESS

For more news visit metronews.ca/Toronto

SATURDAY, OCTOBER 1ST

pull an all-nighter

staying out late for scotiabank nuit blanche?

To accommodate the late-night festivities, GO is running extra homebound Lakeshore trains in the early hours of October 2. Day passes issued on October 1 will be valid for the extra trains.

Lakeshore West

- Extra westbound GO Train trips will depart Union Station at 1:30 a.m. and 3:30 a.m. making all stops to Aldershot GO Station.
- Regular westbound service out of Union starts at 6:43 a.m. on Sunday morning.

Lakeshore East

- Extra eastbound GO Train trips will depart Exhibition GO Station at 1:20 a.m. and 3:20 a.m. making all stops to Oshawa GO Station.
- Regular eastbound service out of Union Station starts at 7:13 a.m. on Sunday morning.

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A Division of METROLINX

Joining China's communist elite?

China's richest person is tapped to become the first private entrepreneur to join the top ranks of China's Communist Party, according to state media reports.

Wengen Liang, chairman of machinery-maker Sany Heavy Industry, could be elected as a member of the party's powerful Central Committee at a meeting of its National Congress next fall, 2012. The congress meets once every five years, and speculation around possible party members is ramping up as it approaches.

Nearly 400 of China's most senior party members make up the committee.

The 54-year-old tycoon, whose net worth is estimated at $9.3 billion US, topped Forbes magazine's annual list of China's wealthiest people.

If chosen, Liang's membership into China's ruling elite would be a sign that the party is embracing private enterprise, experts say.

Evaluation

- State media reports that the Communist Party's Central Committee's organization department had completed its evaluation of Liang. The businessman could be elected as a member or as an alternate member.
- Alternate members cannot vote on policy, but can be promoted to full voting members after an existing one dies or retires.
- The Department of Foreign Affairs in Ottawa declined to comment "due to the speculative nature of this information."

"The message is the party wants to have a good relationship with the private sector, with the rich entrepreneurs," said Cheng Li, a China expert with the Brookings Institution, a Washington-based think-tank. TORSTAR NEWS SERVICE

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London. Promo

▶ England's long-jump champion J.J. Jegede attempts an exhibition jump over three 2012 Mini Coopers yesterday in London.

CLIVE MASON/GETTY IMAGES

Mighty leap launches Mini cars

England's long-jump champion J.J. Jegede's leap over three Mini Coopers took place to celebrate the launch of the Mini London 2012 Edition models. Only 2,012 of the cars will be produced.

Spies paid for scoops?

Probe suggests Rupert Murdoch's tabloid engaged in pattern of payoffs aimed at rival newspaper employees

No one suspected the secretary. Sue Harris was at the heart of the Sunday People, the smallest of Britain's weekly tabloids.

In 1995 Harris was dismissed over an allegation that she'd been feeding her paper's juiciest scoops to the Piers Morgan-edited News of the World, betraying her co-workers for a weekly payoff of £250 — then worth about $375.

People journalists would spend days putting together a splash only to be ambushed at the last minute by the News of the World, who would outbid them for the story. Suspicion grew as exclusives kept getting spoiled.

Something similar was happening at one of the People's sister papers, the Sunday Mirror, where reporter Chris House was accepting about £1,000 a month to leak his colleagues' stories.

Buying the loyalty of rival journalists would not have broken British bribery laws, which were only recently updated to cover payments made to competitors.

THE ASSOCIATED PRESS

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Psoriasis is a life-long skin condition with no known cure.

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BMO sees loonie slipping to 93¢

Trading in Canadian dollar volatile Currency lost about 5¢ last week amid turmoil of Euro debt crisis

The Bank of Montreal is predicting that the loonie will slip to as low as 93 cents US by the end of the year as the global economic slowdown weighs on commodity prices that support the Canadian dollar.

BMO said in a report yesterday that it expects the loonie to remain around that level until the second half of next year, before global growth helps to push it back to parity with the U.S. dollar.

"While market action over the past few days has been positive in the hope of a broad European solution, we expect the crisis to linger well into 2012, if not longer," the report said.

"Even if European leaders are able to satisfy markets with bold action, global growth isn't likely to rebound quickly, which should weigh on commodity prices and the loonie. Indeed, European economies are likely to be hamstrung by austerity measures and restructuring for at least the next few years."

For automakers and other manufacturers, Canadian-made exports and labourers will appear more attractive if the loonie remains low, which could help keep jobs in Canada.

THE CANADIAN PRESS

Back to parity?

The BMO forecast suggested the loonie would stay near 95.2 cents US until the second half of 2012.

- Global growth will push it back to parity by the end of 2012, the report said, noting that it would appreciate further as the Bank of Canada raised rates ahead of the U.S. Federal Reserve.
- Once the U.S. Federal Reserve starts hiking interest rates in the second half of 2013, the loonie is expected to weaken, settling towards a long-run value of 90.9 cents to 95.2 cents US.

Kindle. Fire

▶ Amazon founder Jeff Bezos displays the new Amazon tablet, called the Kindle Fire, in New York City yesterday.

SPENCER PLATT/GETTY IMAGES

Amazon lights a fire under Apple

Amazon CEO Jeff Bezos yesterday showed off the Kindle Fire, a $199 US tablet computer, challenging Apple's iPad by extending its Kindle brand into the world of full-colour, multipurpose devices. Bezos also took the opportunity to show off a new line of Kindle e-readers with black-and-white screens and lower prices, further pressuring competitors like Barnes & Noble Inc. that are trying to break Amazon.com Inc.'s dominance in electronic book sales. The Kindle Fire will go on sale Nov. 15 in the U.S. It's about half the size of the iPad

Reebok paying $25M to settle toning shoes claims

To settle accusations regarding misleading health claims, Reebok agreed yesterday to set aside $25 million US for refunds to American consumers who purchased its toning footwear.

The United States Federal Trade Commission accused Reebok of overstating the potential health benefits of its EasyTone and RunTone footwear.

Although a U.S. Federal Court has not yet approved the settlement, American consumers can apply for refunds on the purchase price of the footwear on a web page set up by the FTC.

The settlement does not apply in Canada.

Greg Scott, a spokesperson for the Competition Bureau in Ottawa, said the agency cannot comment on complaints or ongoing investigations.

CONTRIBUTED

▶ Reebok EasyTone shoes.

Ads placed by Reebok in U.S. media in 2009 and 2010 claimed that its athletic footwear would increase the toning of buttock muscles by 28 per cent, while also strengthening hamstring and calf muscles by 11 per cent.

David Vladeck, a spokesperson for the FTC's Bureau of Consumer Protection, said that Reebok stopped running the ads soon after the bureau began its investigation.

"This settlement is also to remind advertisers big and small that they must have adequate proof before making claims," said Vladeck.

Reebok says it stands by its products but will comply with the FTC's ruling and modify its marketing materials.

"Reebok made a business decision to settle with the FTC in order to avoid protracted litigation," it stated yesterday.

TORSTAR NEWS SERVICE

Skechers

- Reebok is one of several labels to offer muscle-toning shoes. Skechers, which leads the market with its Kim Kardashian-endorsed Shape-Ups line, is working with the FTC to back up its own health claims.

Job loss: Hallmark has a card for that

But Canadians who want to console fired friends, family have to go online to sources such as Zazzle.com

With so many North Americans out of work, Hallmark has a ready market for its new set of cards for people who've lost their jobs.

Reads one with a grumpy Persian cat on the front: "Heard about your job." And inside, "Is there anywhere I could hack up a hairball, like, say, on a former employer's head? Just wonderin'"

Some are more heartfelt.

"It's hard to know what to say at a sensitive time like this," the cover script reads under a sketch of an unemployment line. Inside: "How about "I'm buying!"

The half-dozen cards specifically about lost jobs launched two years ago in stores and online in the U.S., but not in Canada, as part of the greeting-card giant's "Encouragement" line, meticulously developed by lead writer Suzanne Berry.

They "seem to be selling well," Hallmark spokeswoman Jaci Twidwell said.

Both world wars, the 9-11 terrorist attacks, the atom bomb and the Great Depression have all been fodder for the 101-year-old company.

The new job-loss ones are designed "to meet a relevant and niche consumer need to support friends and family who are going through a difficult time," Twidwell said.

TORSTAR NEWS SERVICE

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft
- 235.22 (11,585.87)	- 1.16¢ (96.84¢ US)	- $3.24 US ($81.21 US)	$3.759 (- 6.8¢)
			Gold contracts
			$1,618.10 (- $34.40)

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NOW THAT'S USING YOUR HEAD

HE SAYS ...

JOHN MAZEROLLE
METRO

I don't know whether it's good that most of the buzz heading into the new NHL season is that the league is actually punishing players when they attempt to decapitate each other.

I'm glad the league is enforcing its rulebook, but it feels like applauding your neighbourhood restaurant because they've finally dealt with the rat hair.

Yes, the league — after decades of downplaying violence as "part of the game" — is now cracking down if players are reckless with an opponent's braincase.

Such is the NHL that this is considered a breakthrough.

In case you don't eat/breathe/sweat/secrete/expectorate hockey like me, here's the deal. For years, NHL discipline worked like this:

• One player attacks another, possibly with a chainsaw (this is a fanciful example and only happened a couple of times).

• The league notes that there is no mention of a chainsaw in the rulebook, so its hands are tied.

• The players say hockey is a fast game and the attacker probably just meant to use the chainsaw as a bludgeon.

• During the next game, the chainsaw wielder and an "enforcer" on the other team have a fistfight. This makes everything OK.

This system worked for a while, but what do you think the league did when great players such as Pat LaFontaine and Eric Lindros had their careers cut short?

If you said, "Nothing!" then you have a bright future as a National Hockey League commissioner.

"No, what it took for the league to take action was for Sidney Crosby — both a Penguin and a cash cow — to be knocked out for most of last season. It's hard to be the face of the NHL when your cranium is caved in."

No, what it took for the league to take action was for Sidney Crosby — both a Penguin and a cash cow — to be knocked out for most of last season. It's hard to be the face of the NHL when your cranium is caved in.

So the league hired a new disciplinarian (former player Brendan Shanahan) to replace the old one (a macaque with a Magic 8-Ball). Shanahan swiftly handed out a huge eight-game suspension — your salary for a year, basically — because of a simple hit from behind. It used to be that an eight-game suspension probably involved an autopsy, at minimum.

The league's website even has a slick "Suspensions" section, tucked in between the highlights and the pro shop. This is either heartening or depressing.

The league — which was slow to enforce hooking and holding penalties, to shrink goaltender's equipment, to ban head shots — usually makes the right decision eventually — but almost always one moment too late.

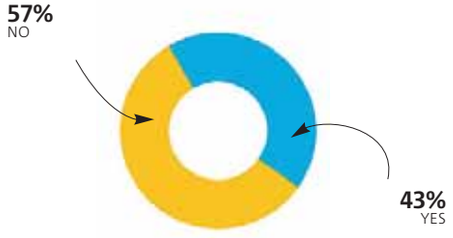
A little anticipation would be nice. Or as Gretzky might put it, the league needs to learn to go where the screw-ups are going to be, not where they've been.

Read more of John Mazerolle's columns at metronews.ca/hesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Should obese women be denied fertility treatment?



Local tweets

@Carolyn_Bennett: Happy New Year to all our Jewish friends... #cdnpoli

@KristeneQuan: Shana tova to everyone celebrating Rosh Hashanah!

@ashleyapps: Rosh Hashanah traffic does not put me in a festive mood. Brisket, on the other hand, does.

@GoldAndOrSmith: The gorging begins. Round 1's in the rear-view mirror. BREAKING NEWS: Whole wheat challah exists! More at 11.

@LeDolci: Restaurant servers in #toronto take note!! when u go to a restaurant seat people at the best table in the house first not the worst?!

@dobbernation: Preparing for a 9 course meal at #bangkokgarden #toronto

@jargyle86: Stoked for @TheOnion to hit the streets of #Toronto tomorrow.

@AllStarTO: Ever #wonder what goes on at the back of #bowling #machines @AllStarTO #Toronto

@wjjordan: Congrats to the #Toronto Blue #Jays, the best fourth-place team in all of Major League Baseball. #MLB

Letters

HERO or ANGEL? — you decide. I was riding on the subway in Toronto Wednesday morning.

At one of the stops shortly after I got on, a lady boarded the train and she looked very upset. I mean a "tear your heart out" kind of upset. The kind that makes your heart sink and put a lump in your throat, even for a tough guy like me. She seemed very distraught and God only knows what pain she was feeling in her life at that point. She took a seat and after a short while you could see more tears building up in her eyes. As she began to rummage through her purse, I saw a man or should I say gentleman, reach into his backpack, pull out a pack of tissues open it and extend it out to the lady. WOW!!! I was blown away.

As simple as this story is, I took away a huge lesson & message from it.

I'm not going to preach to you or reveal what it meant for me, but it compelled me to sit at my desk right away and type this out to share with you. Take what you may from this, feel free to pass it on & have a very successful day!

BEN CANINI
TORONTO

Photo of the day

Sweeping. Protest

▶ Brooms planted by protesters stand in front of Brazil's house of Congress in a protest against corruption in Brasilia yesterday.

ERALDO PERES/THE ASSOCIATED PRESS

The 594 brooms were placed in front of Congress so the 513 members of the House and the 81 senators could see them. Protesters are demanding legislators "sweep out" corruption. Four ministers have fallen since January after being implicated in corruption.

WEIRD NEWS

Fans mourn celebrity opossum death

Facebook friends and fans across the Twittersphere are mourning the loss of Heidi — the cross-eyed German opossum whose cute but confused countenance warmed hearts around the world.

The Leipzig zoo said yesterday that the marsupial had been listless and unable to move for several weeks. A decision was made to put the three-and-a-half-year-old animal to sleep following repeated attempts to treat her arthritis.

SEBASTIAN WILLNOW/DAPD/THE ASSOCIATED PRESS FILE

▶ Heidi

Within minutes of the announcement, Heidi was trending on Twitter and thousands of fans were leaving an outpouring of condolences on her Facebook page.

"How sad," wrote Rene Schaaf, from Heidi's home city of Leipzig. "This lovable creature enriched our daily lives, showing us that 'imperfect' can also be interesting and even beautiful." **THE ASSOCIATED PRESS**

metro

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2 scene

Timberlake

The Environmental Media Association says Justin Timberlake will receive its Futures Award, which represents future environmental leaders in entertainment. He has tried to reduce his carbon footprint on his massive tours.
THE ASSOCIATED PRESS

Bang your head: Juno Awards to add metal/hard music category

HANDOUT

▶ See this and other installments at this year's Nuit Blanche.

Taking back the night

Tech exhibits front and centre at this year's Nuit Blanche ◗ You are the art and in it

BACKSTAGE PASS

IAN GORMELY
METRO TORONTO

Nuit Blanche, Toronto's annual late-night orgy of all things art, offers a bevy of sights for even the most casual art fan. But increasingly the night also offers a host of interactive options where viewers either control, or in some cases become, the art.

This year the Canadian Film Centre's Media Lab has put together five interactive media exhibits ranging from mind-controlled video games to social media data that's converted into physical objects.

"Like everything these days, whether you're talking about art, newspapers or music, the name of the game is audience participation," says Ana Serrano, founder and director of the lab. "The type of art that's becoming a lot more popular these days is the type that enables audience participation. As such, it's art that's a lot more accessible to the masses of public that actually come to Nuit Blanche."

Students from the Media Lab created an exploratory environment in which participants use Microsoft's Kinect technology to move around.

"The gesture based control makes you feel like you're floating and dancing in space," says Serrano.

Another creation uses commercial grade EEG tech to transform gamers' brainwaves into data, giving them control of the game's protagonist.

"(The game) essentially allows you to be like Neo in the Matrix and do the concentrating for the character in the game," she says.

But perhaps the most brilliantly simplistic exhibit is their social media app, which takes the data from tweets sent to the project's dedicated Twitter account, @tweet2hold, and converts them into physical objects, in this case origami birds.

All the exhibits are still in the prototype phase, says Serrano, and were created by students of the Lab.

"It's really interesting mix of projects," she says, "that sum up where the trends are going."

CFC Media Lab: Technological Displacement, the Bata Shoe Museum, 327 Bloor St West. Saturday, Oct 1, 6:59pm – sunrise. Free.

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There's a new teacher in town

In upcoming X-Men relaunch, Wolverine set to teach Marvel's mutants

HANDOUT

▶ You don't want to get this teacher angry.

In finding a new teacher to replace the X-Men's venerated Professor X, writer Jason Aaron has found a not so suitable substitute that's bound to have readers of Marvel Comics' upcoming Wolverine & the X-Men series doing a double take.

Or even a triple take, given that the new headmaster has three razor-sharp claws that "snikkt!" from both his hands at the mere hint of danger.

Wolverine is heading up the Jean Grey School for Higher Learning that will not only educate young mutants, but hone their powers, too. He's being helped by Kitty Pryde, Iceman and Beast, among others.

"We're getting to see Wolverine in a position we've never seen him in before," Aaron said, noting that Wolverine has always been one more prone to violence and fisticuffs first than asking questions.

"We're certainly a little bit uncomfortable, but I think it still makes sense with the way things have been going in the X-universe."

And what's been going on has not been pretty after Wolverine saw his tenuous partnership and shaky friendship with longtime X-Men leader Cyclops shattered in the recent five-issue X-Men: Schism that Aaron wrote.

The two have had bad blood between them for decades. The fact that they both loved Jean Grey, the original Marvel Girl who went on to become the omnipotent Phoenix, only added to that simmering resentment and mistrust, which boiled over this summer.

"Wolverine is leading the show. Not Wolverine with Professor X looking over his shoulder."
WRITER JASON AARON

The rift created in that story was so profound that Marvel halted The Uncanny X-Men with issue 544, opting to replace it with Wolverine & The X-Men next month along with Uncanny X-Men in November.

Nick Lowe, who edited the previous series and Marvel's current X-Men titles, said the logic of dividing the teams will become apparent as both series get under way.

"Wolverine certainly has unorthodox ideas," said Lowe. "The name of the school, for one. He's the one who named it and I can't imagine Cyclops will be happy when he learns."

And Wolverine? Well let's just say that while Charles Xavier makes an appearance in the first issue, his calm demeanour is not the foundation for how Wolverine will operate.

"I hadn't planned on Professor X showing up," Aaron said. "But once I started working on the issue, I felt that he had to show up. I had to have a passing of the torch."

That's evident in the look of the first few pages, which pays homage to the first issue of The X-Men that came out in 1963, but Xavier's school is history and Wolverine's school is more advanced, populated by a cast of familiar and new mutants.
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Eden Sher is the girl in The Middle

Actress shining as awkward teen in TV series ◗ Show nets high ratings

Something is wrong at the annual block party: Turnout is lighter than usual; hot dogs have no buns and there are no cups for the drinks. Worse yet, one family's house was foreclosed and they were forced to move out in the middle of the night, missing the party they had always attended.

"Are you serious?" Frankie Heck asks a neighbour in the fictional town of Orson, Ind., "because I only thought they were just visiting family."

"They are now," replies the neighbour.

On a recent overcast day at the Warner Bros. ranch, the real-estate crisis has crept its way from big coastal cities and into The Middle, the ABC series that kicks off the network's Wednesday comedy block that includes the Emmy-winning Modern Family.

The Middle portrays a modern family, too. And while hilarity also ensues, The Hecks don't live in Los Angeles-area mansions. This family is in a financial mess. Last week's season premiere of The Middle marked the show's second largest overall audience to date, despite stiff competition from FOX's new The X Factor and CBS's reliable Survivor. More than 9 million viewers tuned in to see the misadventures of car-saleswoman mom Frankie (Patricia Heaton), quarry manager dad Mike (Neil Flynn) and their three children: angry young Axl (Charlie McDermott), book-obsessed Brick (Atticus Shaffer) and the bumbling, stumbling middle child, Sue, portrayed by 19-year-old Eden Sher.

"I've always said to Eden that she's the first one on the show that's going to win an Emmy," Heaton said earlier this summer at another awards show. "I think she's so brave. You know, she gets out there. She lets them mess her up and look goofy and has to fall flat on her face, week in and week out — wearing those braces and straight hair."

Sue Heck has so many embarrassing moments, they're certain to haunt her well into the retirement home. And yet she remains a cockeyed optimist. And even with a stellar ensemble cast, Sher can't help but steal virtually every scene.

"I do get slightly embarrassed, with, specifically, Patty's praise," Sher said recently about Heaton's comments, after shooting a scene. "I don't know why. Maybe just because I respect her so much."

THE ASSOCIATED PRESS

MATT SAYLES/THE ASSOCIATED PRESS

▶ Eden Sher

The 5 kinds of men you meet in Rom-Coms

NATE JONES
SCENE@METRONEWS.CA

GETTY IMAGES

▶ Which of these handsome men is your type? The rough and tumble guy? The patient friend? You decide!

Mindy Kaling's great New Yorker article about the seven types of ridiculous women in romantic comedies is blowing up the Internet!

In tribute to Kaling, Metro presents our own counter-list: the five men who only exist in romantic comedies.

The rough and tumble hunk with a heart of gold

Sure, this guy seems gruff at first. He plays pool with his buddies! He drinks beer! He goes a few days without shaving!

This dude comes in many flavours, from lovably immature to roguishly misogynistic, but either way, he's there in order to give a little Alpha Male fantasy "for the guys."

He'll eventually turn into boyfriend material with the love of a Good Woman, so ladies, remember — if you're dating a guy who doesn't respect you, it's because you're not good enough.

The high-society fiancé

The polar opposite of the rough and tumble hunk, the rich fiancé will often compete with him for our heroine's affections.

He's handsome in a generic way and he wears a tie in almost every situation, but still, there's something missing.

Most likely it's that he's never made his girl ever really laugh, because people have years-long relationships with people who have never made them laugh all the time in real life.

He's there to show that stability and commitment are boring.

The "Mister Wickham"

The younger, smoother cousin to the hunk with a heart of gold, this dude at first seems to be a charming sort of lad.

However, unlike his rough counterpart, whose flaws are vulgar enough that they need to be overcome, the Mister Wickham's ugliness is so attractive that it throws him into Too Good to Be True territory.

His love affair with the heroine is fast and loose, and he's generally dumped by the middle of Act 3.

The lesson for ladies: Make sure you know where you're at in your narrative before you start dating someone.

If you're only in Act 1, he's not going to stick around!

The most patient friend in the world

You know that childhood friend you were pretty sure had a thing for you, but you didn't have time for because you were always fixated on the "bad boys"? Well, now he's back, with that same "aw shucks" charm!

Has he moved on from his juvenile crush? Of course not: Decades-long obsessions are romantic.

We get the appeal; this guy plays into the subconscious fantasy of falling in love with someone who knew you before you ever threw up in a bar bathroom, which isn't a bad thing.

But he also should answer for the destruction he's caused to the love lives of innocent teenage boys the world over.

Have an unrequited crush on your friend? Don't worry, just wait it out, even if it takes decades!

It's true love, it really is.

The cardboard man

Our heroine is an aspiring career woman with a thankless job and a crazy boss!

This provides enough drama to fill out 90 per cent of a movie, but what to do with the other 10 per cent?

Easy, give her a blandly affable male friend — or even an acquaintance — to complain to and then kiss at the end!

Does he need a job, or a hobby, or a personality of his own? Eh, not really.

It's only important that he shows the girls in the audience that you really can Have It All (and shows the old-timers that not all women with jobs are lesbians).

In the future, this character won't even have a name because he will be played by a cardboard cutout.

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▶ The Jayhawks

Third time round for Jayhawks

Currently experiencing an unexpected third life, Minneapolis-born rock band the Jayhawks are pioneers of what was known as the alternative country movement in the early 1990s. They are an active touring unit again and have a new disc, Mockingbird Time, released this month.

Even more than the songs, the joy of the album comes in hearing the Jayhawks luxuriate in the signature of their sound: the vocal harmonies of songwriters Gary Louris and Mark Olson. Their voices blend so well — Louris taking the high registers and Olson the low — that they become to Louris' ears almost like a third voice.

It's a sound many thought was lost forever in 1995 when Olson quit the band and moved to California. Years of swimming against the musical tide of the grunge era and disappointment that songs like Blue and Take Me With You (When You Go) had not become hits despite hard work and critical acclaim had taken their toll.

Unlike now, "we were playing in front of audiences who really didn't know who we were and our goal — the whole reason for being out there — was to try to win them over," Olson said. "That's a whole different mindset and I think it got to me after a while." THE ASSOCIATED PRESS

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Big up to Toronto

Blue Rodeo frontman salutes home city on third solo album, Skyscraper Soul

FRANK GUNN/THE CANADIAN PRESS

▶ Jim Cuddy's latest album was released this week.

On the title track of his new solo album, Skyscraper Soul, Jim Cuddy croons about a city that "can bring you down" but one which he cannot leave because underneath it, "there's a heart beating."

The amiable Blue Rodeo frontman says the reflective tune is largely an ode to his hometown of Toronto, which he thinks is sometimes misunderstood.

"It sort of came about because ... first of all, I think I've taken umbrage in the last year (at how) so many people slag Toronto," the singer-songwriter said in a recent interview.

"For years and years and years it never bothered me and I never even thought about it. I don't know why in the last year I've gotten kind of prickly about it," the jeans-clad country-rocker mused while sitting on a couch at Blue Rodeo's Woodshed Studio, where the group's many Juno Awards are on display atop an armoire.

Instrumental

▶ Skyscraper Soul features a purely instrumental track: City Birds. Jim Cuddy said he wrote the song for the 2010 film Gunless, starring Paul Gross, but that it was rejected "as being too sentimental."

"I think that Toronto represents the beauty of many cities around the world — that its beauty isn't always apparent upon first viewing. You come to Toronto and you may feel like it's a cold, concrete place and after you're here awhile ... you realize that there's an incredible amount of energy in this city and that it's a very easy place to do creative things because there are so many people to bump into, to bounce ideas off of."

Cuddy said the track is also a nod to his early struggles in New York, where he and fellow Blue Rodeo singer-songwriter Greg Keelor lived in the early 1980s.

The two tried to make it as musicians there, supplementing their paltry income by serving tables, but gave up after three years.

"We realized at the end that it's a bad place to put together a band," said Cuddy, 55, noting musicians would suddenly drop out of the group because they were broke and had to move.

"It was just such a difficult place to keep life and limb together. We could never have done Blue Rodeo down there. It was coming back to Toronto, getting a little bit off the incredibly beaten track in New York, that helped us to have the time and the wherewithal to put together a decent band and play a lot."

The urban nature of Cuddy's third solo album, out this week, is also felt in its sound, which has a lot more trumpet than what Cuddy normally works with.

"It changed the songs so that they became a little less rural, a little less country," said Cuddy. THE CANADIAN PRESS

Jess pregnant?

Simpson, Eric Johnson calling pre-wedding surprise 'best wedding gift ever' according to source

Jessica Simpson is reportedly pregnant, but she's not letting that change her November wedding plans, according to In Touch.

"Jessica might have to take out her dress a bit," but the wedding is still on, a source says, adding that Simpson and fiancé Eric Johnson consider the impending arrival "the best wedding gift ever." And, the source adds, the pregnancy is already having an effect on the singer. "She's already having kooky cravings," the friend says. Among those cravings? Nacho chips dipped in chocolate. METRO

PHOTOS: GETTY IMAGES

▶ Jessica Simpson

Jen, Justin steam up set

Jennifer Aniston is apparently so happy with boyfriend Justin Theroux that she's been bringing him to work — at least she did on the set of her directorial debut, a section of Five, a series of shorts about breast cancer, where co-director Penelope Spheeris says the pair were "lovey-dovey," according to Hollyscoop. METRO

▶ Jennifer Aniston

Talking points

Paltrow turns 39

Gwyneth Paltrow celebrated her 39th birthday in style, going out for dinner at a new Spanish restaurant in New York's West Village with her husband of eight years, Chris Martin, as well as pals Jay-Z and Beyoncé, according to Getty. METRO

Beckham sons scent consultants

When it came to testing his new fragrance line, David Beckham didn't stray too far from home, soliciting the opinions of sons Brooklyn, 12, Romeo, 8, and Cruz, 6.

"Anytime I get a fragrance, I give all of my sons a tester," Beckham tells Us Weekly. METRO

Celebrity tweets

"LOL so some girl comes up to me n goes "you look like one of those girls from the jersey shows, but you look better." Uhm thanks? Lmao

@Sn0Oki

@THEGaryBusey

"Jay Way B Cap standing in a Flutterby meadow high above the ocean soaking up the sun is honey in the air."

"Things are always a little different when you come home from the road. Ex: my parents dog now sits like a rabbit."

@taylorswift13

"I want to occupy Wall Street. But only to protest how bad Wall St 2 was."

@rainnwilson

▶ Ashton Kutcher

Ashton a cheater?

Ashton Kutcher may be in hot water over allegations of infidelity, according to Radar Online.

Last weekend, the Two and a Half Men star reportedly spent the night with a 23-year-old woman he met at a San Diego nightclub, and the woman is now in hiding and talking to a lawyer.

"She is freaking out," a source says.

Last weekend also happened to be Kutcher's sixth anniversary with Demi Moore, but sources tell Star magazine there likely won't be a seventh. "Ashton and Demi have separated and the marriage is over," a source tells the magazine. "The relationship ended because of Ashton's serial cheating. It's a painful time for Demi." METRO

Arnie orders bronze statues of himself

Arnold Schwarzenegger was apparently so impressed with a larger-than-life, $100,000 bronze statue of his younger self being made by Oregon-based TW Bronze that he decided they should make seven of them, according to a report from Hollyscoop.

One statue will be sent to a Schwarzenegger museum in his hometown of Thal, Austria, while another will go to Columbus, Ohio, where an annual Arnold Fitness Week is held.

Schwarzenegger is keeping one for himself to be displayed at his home, according to the report. METRO

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Bring on the bling

Despite Italy's flailing economy, Milan Fashion Week oozed luxury and decadence, from Gucci's gold-embroidered dresses to Cavalli's blingtastic minis Here's a rundown of the top designers

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

GETTY IMAGES

DRIPPING WITH GOLD: GUCCI

Gucci kicked off the week with a collection that oozed luxury and was almost entirely dedicated to decadent evening dressing. Frida Giannini's clothes (which she called Hard Deco) were dipped, embroidered and accented with gold. It appeared everywhere — as buttons lining an ankle slit on trousers, bands of hardware around drop-waist dresses, the embroidery on a jacket and as the tip on a pointy-toed stiletto, to name just a few of a boat-load of examples.

GETTY IMAGES

SEXY GARDEN PRINTS: DOLCE & GABBANA

The garden-inspired prints were broken up with pretty lace coats and dresses embroidered with floral appliqués, bejeweled playsuits and cocktail dresses embellished to the hilt in tassels and rhinestones. It was a sexier follow-up to last season's starry dresses that appeared all over the red carpet and on countless September issue covers. Bottom line: Expect celebrities (including Scarlett Johansson who sat front row) to be covered in fruit and veg next spring.

GETTY IMAGES

FUN AND FLAMBOYANT: DSQUARED2

Dan and Dean Caten's runway shows are always camp, flamboyant productions that add fun and humour to Milan Fashion Week. But yesterday's show was a classic case of staging trumping the clothes. They created an impressive Glastonbury-like set that looked great until the models, dressed in sexy, clingy bodysuits and dresses, began to slip and fall on the muddy runway. But they scored high marks for realism.

GETTY IMAGES

NOT A TREND IN SIGHT: GIORGIO ARMANI

This collection didn't have a single trend in sight (unless you count his very subtle printed blouses and jackets) and that made it all the more appealing. His fluid, silk trousers, dresses, suits and jackets came in cool shades of gray, blue and taupe, and had a timelessness to them that will attract women who value style but couldn't care less about being "in fashion."

GETTY IMAGES

BLINGTASTIC: ROBERTO CAVALLI

Milan Fashion Week started off with a gold moment (Gucci's.) So it only makes sense that it ended with one too. In a collection that was like a middle finger to Italy's flailing economy, Roberto Cavalli opened his show with brazenly flamboyant, blingtastic mini-dresses, skirts, blazers and sinuous gowns covered in the kind of embellished gold regalia that could blind someone.

Tweak your lifestyle; improve your health

THE KIT

BY ERINN STERINGA

Little tweaks to your lifestyle can make a big impact on your health.

MAKE SLEEP A PRIORITY

"We always resolve to exercise more or to eat better, but we never focus on sleep," says Dr. Reut Gruber, a clinical psychologist and researcher at McGill University. He says lack of sleep has been associated with heart disease, diabetes, cancer, depression, anxiety and obesity.

Try the tweaks:

• Make your bedroom a sanctuary. TVs, BlackBerrys, home offices and noisy pets all make Gruber's no-no list. "If it's not related to sleep or sex, get it out of the bedroom."

• Watch out for sleep saboteurs! Alcohol, caffeine and exercise too close to bedtime can affect your z's.

TURN DOWN THE MUSIC

According to experts at the University of Colorado, you can safely listen to your iPod for about 4.5 hours a day at 70 per cent volume without suffering any hearing loss. But certain situations — like cranking the volume at the gym — can crank up the risks.

Try the tweaks:

• Instead of ear buds, invest in headphones that seal out background noise so you don't have to drown it out.

• Try taking the volume down a few notches.

SPEAK UP AT THE DOCTOR'S

Studies show that when patients and doctors communicate well, patients recover faster and enjoy better overall health. "Start by talking to your doctor about all aspects of your problem," says Dr. Moira Stewart, director of the Centre for Studies in Family Medicine at the University of Western Ontario.

Try the tweaks:

• Ask questions so you fully understand your role in the treatment plan.

• Know what the next steps are before you leave the doctor's office.

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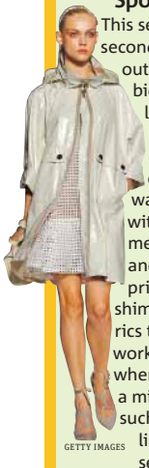
In brief

THE BEST COATS: Sportmax



GETTY IMAGES

This season, the secondary line outshone its big sister label, Max Mara, literally. The collection was filled with shiny metallics and raver prints in shimmery fabrics that worked best when kept to a minimum, such as the lining on a series of trench coats.

CATWALK SOUNDTRACKS: Our faves

• The Candy Shop, by 50 Cent (Jil Sander)
• Heartbeats, by The Knife (Just Cavalli)
• Music Sounds Better With You, by Stardust and Daft Punk (Sportmax)
• Love on the Beat, by Serge Gainsbourg (Jil Sander)

KENYA HUNT

On the Express to Canada: U.S. chain targeting young adults heads north.

AP PHOTO/DONALD TRAILL

▶ Actress Sofia Vergara launched her new Sofia by Sofia Vergara Collection last Thursday at Kmart.

Spice up your wardrobe

Modern Family's Sofia Vergara launches line of figure-hugging clothing at Kmart ◐ The 39-year-old actress talks more about her affordable label

At times, it's hard to tell the difference between Sofia Vergara and Gloria, the character she plays on ABC's hit comedy Modern Family.

Both have gregarious personalities, an uproarious sense of humour, an enormous shot of sex appeal and daring fashion sense.

Now other women can be more like Vergara — or Gloria — thanks to the Colombian star's new clothing line at Kmart. The line features the kind of outfits that have made Vergara so popular on the red carpet and beyond — figure-hugging dresses, tight pants and short skirts.

The 39-year-old Emmy-nominated actress talked more about her line during a stop at Kmart with The Associated Press.

Why did you want to design your own fashion collection?

I always wanted to do it. I always had the thing for fashion, for beauty. But, I always wanted to team up with somebody like Kmart because that is what I wanted to create, a line that was affordable, that was for women of all sizes, every ethnicity, that could make them feel cute and beautiful without spending thousands of dollars.

Do you wear items from your collection?

I actually wear all of it. Everything (points to what she is wearing) is from Kmart. I love it. I wanted it to be pieces I would wear, pieces that I like. That's why I work with a very good group of designers and experts. I helped pick all of the materials, the models, the buttons, everything. So it was like the stuff that I like and the stuff that I wear.

Have you ever thought about doing a high-end line?

No, not really. I never was interested in that. I always wanted to create a line that was for my fans, for the girls that have always approached me and asked me, "Where did you get that outfit" or "I would have never thought to wear this with this. That is so great." I think that is even more fun, to be able to create cute clothes and they look like they were very high-end clothes, but they are not.

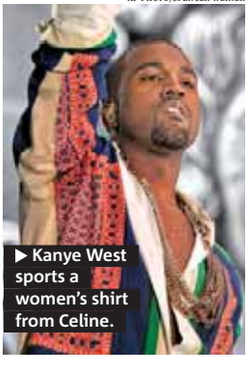
THE ASSOCIATED PRESS

Rappers inspired by women's clothing

The latest fashion trend in hip-hop has its male stars raiding the women's clothing department.

Lil Wayne jumped around in skinny women's pants during his performance at this year's MTV Video Music Awards. Kanye West wore a multi-print shirt designed for women at the Coachella music festival. Kid Cudi has been seen in a plaid skirt, Snoop Dogg often wears jewelry designed for women, and Pharrell Williams is a fan of the Hermes-made Birkin bag, the ultra-expensive purse favoured by Hollywood's top actresses.

AP PHOTO/SPENCER WEINER



▶ Kanye West sports a women's shirt from Celine.

Elena Kiam, the owner and creative director of the jewelry brand Lia Sophia, says initially she was surprised to see her women's line embraced by some of rap's top acts like 50 Cent, P. Diddy and Snoop Dogg, who has worn her pieces in music videos and on magazine covers.

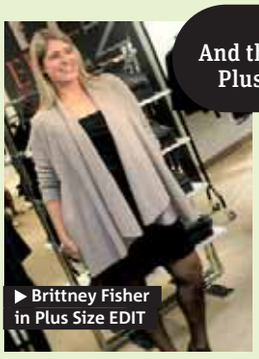
"When we were designing these really beautiful, sparkly necklaces, we thought more for top editors, maybe a celebrity movie star. We really weren't thinking about hip-hop," said Kiam, who also said Beyonce, Rihanna and Miley Cyrus have worn her designs.

THE ASSOCIATED PRESS

Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:
And the beautiful @BrittneyFisher in Plus Size EDIT @thehudsonsbayco



▶ Brittney Fisher in Plus Size EDIT

- **@Nathalie-Roze & Co.:** Kudos for creating an accessibly priced & current-looking fab-size line!
- **@JasmineAmellie:** gorgeous girl!!
- **@Jeanne_Beker:** @theMarilynShow we talked about fact that 40 percent of women today are breadwinners. But how does that make our guys feel?
- **@DFConsultants:** More men are quite content to let their wives make the money. Insecure men are not attractive.
- **@Jeanne Beker:** Agreed. But I still think the man has to feel his contributions are just as important/essential to the partnership.
- **@DFConsultants:** I agree, but that goes for both men and women. They both want to feel like they are contributing, so it goes both ways.
- **@Jeanne Beker:** I suppose. Though I have met some women who really don't mind being totally taken care of. Some men too, I suppose...

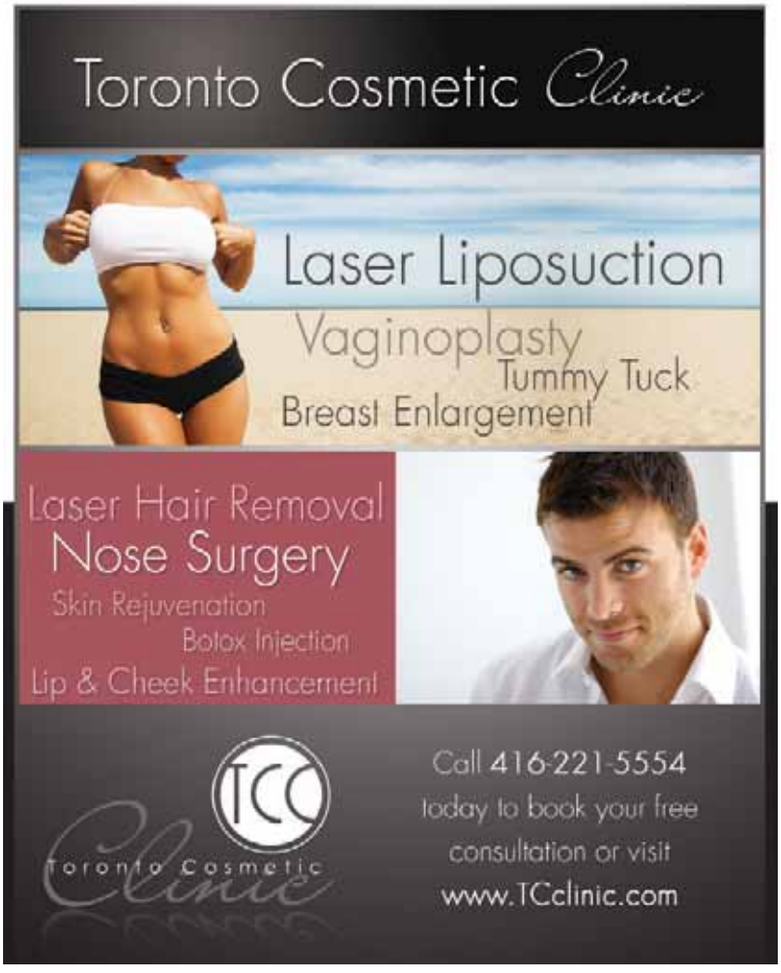


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Illustration is artist concept. E.&O.E.

Yonge and Eg's gem

The project overview

With 644 condo units, an eight-storey podium and two towers, there are plans for over 53,000 sq. ft. of retail space located on two levels at this prime location.

Occupancy is expected for Spring of 2015.

DUNCAN MCALLISTER

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Meet the condo

- **WHAT:** The Madison at Yonge and Eglinton
- **BUILDER:** Madison Homes
- **LOCATION:** 97 Eglinton Ave East
- **WEBSITE:** madisoncondos.ca
- **PHONE:** 416-482-8090
- **SIZES:** From 400 to 1050 sq. ft.
- **PRICING:** From mid-$300s to $625,000

Location and transit

This desirable downtown location is steps east of the Eglinton platform of the Yonge-University subway line, which gets you into the downtown core within minutes.

Commuters have a choice of nearby Allen Road or the Don Valley Parkway.

In the neighbourhood

In this bustling and vibrant community, the gateway to Toronto's midtown, The Madison is just steps away from world-class fine dining, shopping, spas; all your urban needs are right there. Colleges and schools are also nearby.

Building amenities

Too many to list here – from WiFi to indoor pool and outdoor barbecues, hot tubs, movie theatres, this place has it all.

The fourth floor main common amenity area will be located in the podium.

CONTRIBUTED

▶ The Madison at Yonge and Eglinton is sure to impress.

Real news. Toronto

Coming soon to Woodbridge, Vero condos, 8302 Islington Ave., Call 416-798-7070 or visit verocondos.ca
Grand Opening, The Madison, 97 Eglinton Ave E, Oct. 1 at 11 a.m., Visit madisoncondos.ca
Open House, 2-level Condos at 277 Davenport Rd., Several units. October 1-2 from 12-5 p.m., Call 416-960-9995
Now Open, City Towns, 2034 Yonge St., Call 416-922-9425 or visit theberwick.com
Open House, Annex Condo at 1 Bedford Rd., Unit 1203. October 1-2 from 2-4 p.m., Call 416-535-3103

DUNCAN MCALLISTER

TRICKY UTILITY CHARGES

LEGAL MATTERS

JEFFREY COWAN
HOME
@METRONEWS.CA

Q. We are a family of three (me, my wife and our 11-month-old baby).

As we are first time home buyers we spent three months looking for the perfect condo to match our current and next five-year budgetary needs.

With the ongoing increases in rent and hydro we decided to purchase a condo, as the mortgage will be far less than paying rent/parking/laundry and hydro.

Our main criterion were a safe neighbourhood and the condo fees to be all inclusive utilities and hydro.

We were successful in our search, but in mid-July, we received a post-purchase shock as the property management posted a notice that they will start installing sub-meters by the month of August 2011 to charge each unit owner for their consumption of hydro.

I contacted the management company and they provided me a copy of the document — dated April 26, 2011 — circulated to all owners.

The seller did not inform us nor our realtor and nothing was presented to my lawyer from the property management.

A. I do not know the timing of your purchase but I assume it occurred after April 26, 2011.

The problem here is that the status certificate that is reviewed by your lawyer and would reveal such a change may have been silent with respect to this new development.

The Board of Directors would have decided this; presumably after you had made your purchase decision.

Regardless, the decision was made for the cost of hydro to be passed directly on to the individual owners.

This is a very frequent change for older condos as many condominium corporations do not want to bear the costs of increasing utilities.

The reality is that you would have paid for the increase in utilities any way because the cost would be transferred to the operating budget of the condo and probably would result in an increase in your condo fees.

At the end of the day, you would end up paying more for your utilities — either way.

Lo and behold, the cost of home ownership.

JEFFREY COWAN IS THE PRINCIPAL OF COWAN LAW AND CAN BE REACHED BY EMAIL AT JEFF@COWANLAW.CA.

"Stephen Dupuis was a truly driving force behind the new home construction industry for over 20 years. His professionalism, dedication, evident love for his work and tireless support for Habitat for Humanity were an inspiration to everyone. He will be deeply missed."
MIMI NG, VICE PRESIDENT, MARKETING, MENKES DEVELOPMENTS LTD.

"Stephen was a great friend, an industry innovator, always of a cheery disposition and always treated everyone with respect. The land development industry has lost a great advocate and leader. We are saddened and shocked by this loss, and our thoughts go out to his family and friends."
MATTHEW SLUTSKY, PRESIDENT BUZZBUZZHOME

"Stephen had been here for 23 years. It's just most of us are really in a state of disbelief to lose such a leader. He wouldn't just be someone who would reach out to other big cities, he would help his colleagues in the smallest of places. Just a wonderful, wonderful leader and team builder."
ALAN THOMARAT, CHAIR CHBA EXECUTIVE OFFICERS' COUNCIL

"Stephen and I were friends and colleagues for 23 years. He was a tireless and respected advocate for the residential construction industry. He tackled every task with enthusiasm, confidence, professionalism, compassion and grace. He was the whole package. Stephen was held in high regard by industry members, government officials and consumers. He will be missed."
PETER SIMPSON
PRESIDENT AND CEO
GREATER VANCOUVER HOME BUILDERS' ASSOCIATION

Stephen Dupuis, BILD president and CEO passed away on Friday
Some of those who knew him reflect on his life and legacy

OUR LEADER, OUR TEACHER, OUR FRIEND.

ROOFTOP SURFING

PAUL GOLINI JR.
HOME
@METRONEWS.CA

CONTRIBUTED

Last week, the home building and land development industry lost a great leader. BILD President and CEO, Stephen E. Dupuis, passed away suddenly on September 23, 2011.

He was a dedicated family man, a proud resident of Aurora, Ont. and is survived by his wife Linda and two children, Kendall and Carson.

Stephen served as the inspirational leader of the building industry for more than 25 years.

He was the highly-visible face of the association with spiky hair, a razor-sharp sense of humour and a clear message.

Throughout Stephen's career he was a consummate professional.

He was extremely adaptive to the ever-changing political and economic landscapes and for nearly two years now, Stephen has been penning columns for Metro readers to keep them updated on how those ebbs and flows affected the industry and, more importantly, consumers.

Stephen worked tirelessly for BILD, the Ontario Home Builders' Association (OHBA) and the Canadian Home Builders' Association.

He passionately championed a community partnership with Habitat for Humanity.

Exemplifying strength and unity, he will always be remembered by his colleagues and peers as a source of strength, experience and wisdom, which he was always willing to share.

Recently, he was honoured by his peers at the OHBA with the inaugural David Horton Lifetime Leadership Award of Excellence, which he emotionally told friends was one of the proudest moments of his career.

To us at BILD, he was more than the President and CEO. He was our no-nonsense leader.

He made things happen, he valued what was important and always knew the right thing to say and do.

He was our leader, our teacher, our friend.

When Stephen would take to the podium at BILD events, he would always announce how proud he was to be president and CEO of BILD. Stephen, BILD and its 1,350 member companies are proud of you.

You will be missed.

Stephen's career

Stephen Dupuis, the CEO of the Building Industry and Land Development Association, the Toronto arm of the provincial home builders association, died Friday.

- **Leader:** The 52-year-old had just received the David Horton Leadership Award recognizing his leadership at the Ontario Home Builders Association award show on Thursday night.
- **Pioneer:** He was the first recipient of the award and he was very proud to be chosen to receive it.
- **Community-minded:** Stephen worked tirelessly with Habitat for Humanity to create affordable housing for everyone.
- **Stephen** also wrote a weekly column for Metro and the Toronto Star's New in Homes and Condos Section.

TORSTAR NEWS SERVICE

"His warm smile and laugh that could take over a room. We will all miss that. There isn't another who has given so much to the industry other than Stephen. He always announced himself as 'Stephen Dupuis, proud to be president and CEO of BILD'. We will miss that announcement at each and every meeting."
AGGIE TOSE, CHAIR, ONTARIO EOC

"On behalf of the CHBA Executive Board, I want to express our deepest condolences to you, the Board, the staff and all the members of BILD at this difficult time. Stephen was a tireless promoter of the industry. The Association, at all three levels, benefitted from his enthusiasm, insight and dedication. He was a colleague, and friend, to many in the industry across the country. His presence will be greatly missed at the CHBA."
RON OLSON, NATIONAL PRESIDENT ACTING, CHBA

"This is an enormous loss. Stephen was dedicated to our industry, contributing significantly to every aspect of our Association's work across Canada. We are going to miss him as a colleague, friend and passionate contributor to housing."
JOHN KENWARD, CHIEF OPERATING OFFICER, CHBA

"It was my pleasure to know Stephen for the past 15 years. He had an innate ability to balance the multitude of issues and personalities unique to our industry, always with the best outcome. Most of all I will miss his unrivalled passion and the pride that Stephen exhibited in everything he did."
JIM RITCHIE, SENIOR VICE PRESIDENT, TRIDEL

QUOTES COLLECTED BY DUNCAN MCALLISTER

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The King of condo design

- Homeowners, developers, real estate agents and designers are flocking to Toronto's King West
- This trendy downtown 'hood is chock full of stylish gems
- Take a stroll through T.O.'s Soho showrooms to pick up some specialized pieces for your place

DUNCAN MCALLISTER
LIFE@METRONEWS.CA

DUNCAN MCALLISTER

▶ Toronto's Soho (a.k.a. King Street West)

SCOTT EWEN

▶ Something for everyone: Design Solutions draws from a substantial stateside inventory of 13 predesigned collections.

SCOTT EWEN

▶ Design Solutions opened for business a year ago this October.

Lining a busy strip of Toronto's King Street East, roughly Jarvis to Parliament, is a tightly-knit and well-established business community.

Here you can find every imaginable element of design to deck out your condo in style.

The trend may have started as early as 1968, when Klaus Nienkämper converted the 1845 building at 300 King St. E., into one of his first showrooms.

This historic stretch of King Street would eventually become Toronto's Soho for condo designers and outfitters.

And with Toronto's red-hot downtown housing market fueling the demand for more custom interiors and accessories, the designer shops offer a wide spectrum of products to suit your tastes, from imported Italian furnishings to fine pillows and throws made here in Toronto.

Design Solutions opened for business a year ago this October and is the relatively new kid on the block, with their King Street showroom in operation since June.

With Toronto's red-hot downtown housing market fueling the demand for more custom interiors and accessories, the designer shops offer a wide spectrum of products to suit your tastes, from imported Italian furnishings to fine pillows and throws made here in Toronto.

Two hundred people attended their grand opening weekend, and owner Kim Jones kept an important goal in mind: "As many opportunities as we can have to make it easier, to get more cost-effective and make the process flow for the consumer, that's really what we wanted to do," she says.

Jones says the market has broad appeal and her clientele reflects that; homeowners, developers, real estate agents and other designers, for instance.

"How we got started is my business partner and I have both been in the design business for a very long time."

And in this business, when you want something, you want it now. Get it?

According to Jones, "In a lot of cases in the design industry you can't get it now because it takes eight to 12 weeks to order it."

"So through our interests, and through a company called Tui Lifestyle in Miami," Jones says this design house is ready to roll when you are.

Design Solutions draws from a substantial stateside inventory of 13 predesigned collections.

"So you can walk in and say this particular collection suits me best, and know that for one simple price, you can have everything installed within two weeks."

Jones and her specialized team maintain a white glove approach to installations.

Their turnkey housewares package for example, covers every last detail.

"Everything is washed and put away, the bed linens go on, that they are ironed and fresh and so that when you come in, it's done!" says Jones.

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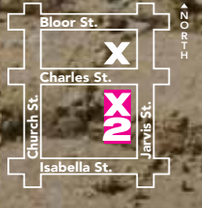

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Don't let perennials go to pot

Potted perennials can survive winter but need some TLC before the cold

DIY IDEAS

Perennials and containers make a great gardening combination, but they will quickly go to pot if overlooked in the winter.

Plant roots are vulnerable to freezing in containers, where the soil hardens more than it would in the ground.

Stems and branches — particularly those on small trees and shrubs — need protection from the deep chill as well as from snow and icy buildups.

Containers should be cared for to prevent splintering and crumbling.

"The most important thing you can do when overwintering container plants is ensure that they're vigorous and established," said Leonard Perry, an extension horticulturist with the University of Vermont.

"Young plants that you just pop into a pot and haven't rooted yet may not do so well," Perry said. "The healthier they are going in, the better their chances."

Perennials should survive long periods of extreme cold if given pre-season care. That includes:

Feeding
Slow-release fertilizers applied before the first killing frosts arrive boost plant hardiness. Feeding should end once the plants go dormant. "With good fertility, you don't have as many overwintering problems," Perry said.

Watering
Soils must be moist when the perennials are stored to help protect the roots.

Pruning
Trim and dispose of all foliage after the plants go completely dormant.

That keeps slugs and other insects from laying eggs in the residue, according to a Simple Sensible Solutions brochure from Walters Gardens Inc. at Zeeland, Mich., North America's largest grower of wholesale perennials.

Trenching
Bury pots — plants and all — for improved insulation. Add a layer of mulch.

Unearth and return them to their usual sites the following spring.

Covering
Anything from evergreen boughs to blankets, straw to shredded bark can be used to safeguard pots and their contents.

Securing a piece of bubble wrap or burlap around the pots also helps. Be quick to remove them once the weather warms.

Storing indoors
Move potted plants into an unheated garage, basement, greenhouse, cold frame or similar site that matches their hardiness zone. Make sure it's a place where the temperature stays above freezing.

And don't forget rodent control. Mice like to cosy up to container plants in cold weather, especially those that include grasses.

THE ASSOCIATED PRESS

DEAN FOSDICK/THE ASSOCIATED PRESS

▶ Elevate containers so they can drain and don't freeze to the ground.

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Add a pouf of fun to the living room

- **Poufs or hassocks are perfect for squishy footrests**
- **Easily moved about, they also make great extra seating**

Shelter magazines, catalogues, stores — everywhere we look this season, there's some sort of pouf.

While ottomans tend to be more structured, with a solid form and usually some legs, poufs or hassocks are actually just big upholstered cushions, and aren't usually used as tables the way ottomans often are.

With a versatile, portable accessory like this, you can afford to play a little. Look for unusual designs, colourful hues and interesting shapes; poufs add a nice punch to a space for not a lot of money, unless you choose something by a designer.

If you want the genuine Moroccan-made article, check out Tazi Designs and Living Morocco. Tazi has an array of colourful leather poufs with a Moorish motif.

A black leather one features white silk stitching; a bronze leather one is equally dramatic. Living Morocco has several striking models in black and red, or green and white.

From Morocco With Love has several affordable versions in supple rainbow hues; check out their website for an interesting film showing Fez artisans at work.

Spanish designer Patricia Urquiola has created a beautiful, albeit pricey collection of sprawl-worthy giant poufs covered in her popular Mangas pattern; the word means "sweater," and with their nubby knitted wool texture, the pieces do look cosy.

Janet Shea, an interior designer in Hanover, Mass., likes the versatility and user-friendliness of poufs.

TAZI DESIGNS, INC/THE ASSOCIATED PRESS

▶ Bronze leather pouf from Tazi Designs, Inc.

She likes them in a living room, but loves putting them in kids' spaces.

"I've used them in a couple of preteen girls' rooms I've worked on. They're great for lounging, watching TV and playing video games," Shea said. "So much better than sitting on the bed or floor."

Poufs are great if you have toddlers — they're cruising-friendly, and fun to flop over. John Derian offers Moroccan poufs in bright hues such as turquoise, sunshine and violet.

Homegoods offers a big comfy marshmallow pouf that's covered in soft candy pink loops — perfect for a girl's room. They've got some snazzy embellished Indian sari-style poufs, too, that any college girl would love.

Some poufs come filled, but you can use just about anything to fill the cover — old clothing, sheets, newspaper or purchased foam trimmed to size. THE ASSOCIATED PRESS

Personalized pouf

If you're at all crafty, try sewing your own pouf.

- **Better Homes & Gardens'** website offers step-by-step instructions with material costs of about $50.
- **Materials:** They used burlap to make the example, which gives the pouf a great textured look.
- **Easy fun:** It's not a complex project, so you could have some fun with a few metres of interesting material.
- **Caveat:** Just be sure to use something fairly hard-wearing if your poufs are going to be played with.

▶ Union Jack upholstered cube pouf

Restoration Hardware has a Union Jack upholstered cube pouf that packs a mod graphic punch but would also be at home in a traditional setting.

RESTORATION HARDWARE/THE ASSOCIATED PRESS

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Dear Charles the Butler,

Why are shoe trees such a big deal? Why do I even need them and why spend the money?

I've never had shoe trees and my shoes look just fine without them.

Signed,
Shoe Man

Dear Shoe Man,

I can tell you all you need to know in six simple points.

1. A good pair of shoe trees are made out of wood, traditionally cedar.
2. Shoe trees hold your shoes in shape so that when you do wear them they actually retain their shape and fit better along with looking better.
3. Cedar shoe trees absorb moisture from your shoes, which is a good thing as this helps reduce odour and keeps the leather in better condition.
4. Keep shoe trees in your shoes at all times when not using them.
5. Good shoe trees come in different sizes.

Make sure you buy the correct size that corresponds to your feet size.

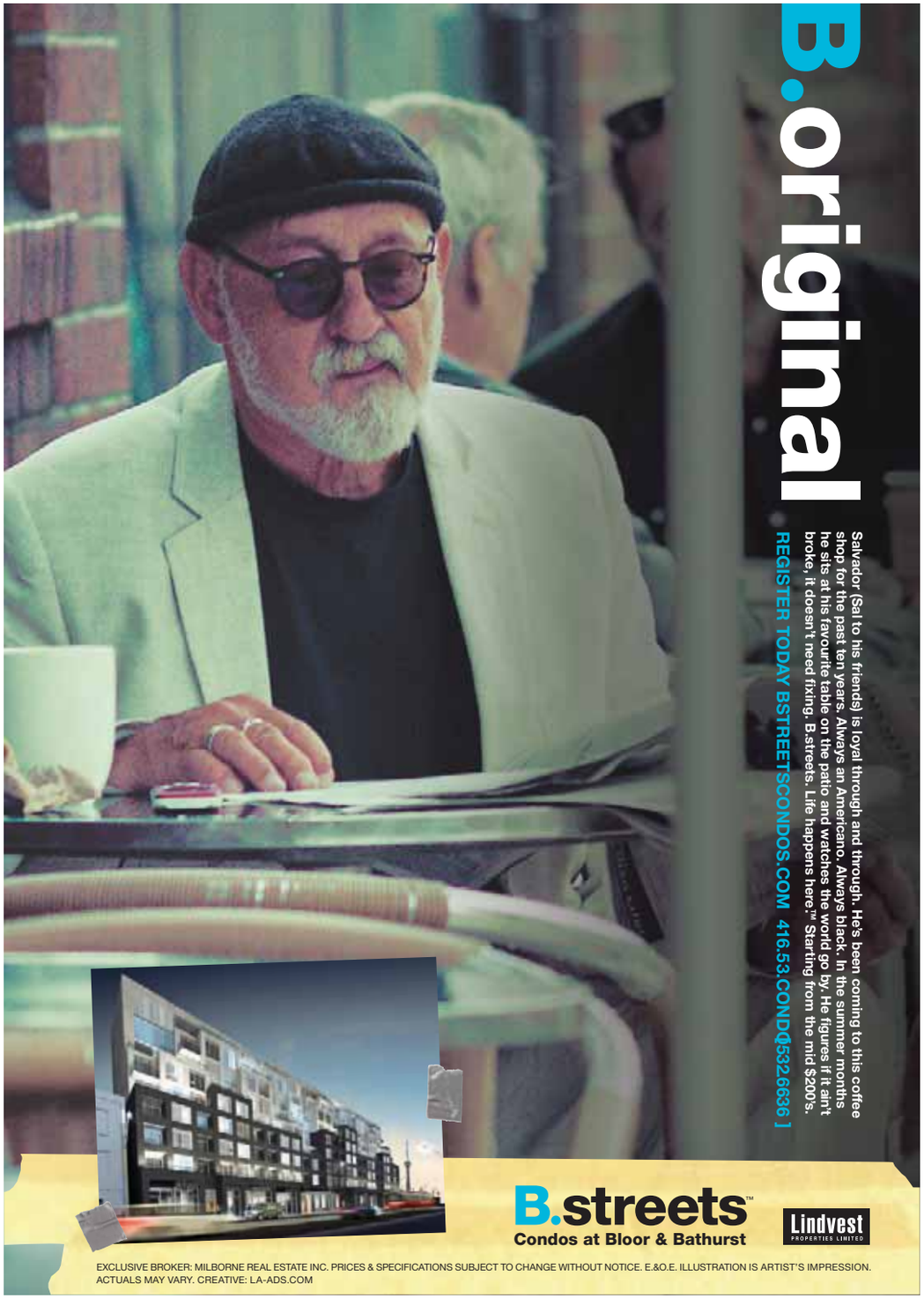
6. Shoe trees will last longer than the shoes.

Remember, you don't have to buy a new pair of shoe trees with every pair of shoes. Simply transfer them to your new shoes once you discard the old pair.

GOT A QUESTION? ASKCHARLESTHEBUTLER@METRONEWS.CA

ISTOCK

▶ A good pair of shoe trees are made from wood.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CANDLE CONUNDRUM

Burning candles may seem like a frivolous way to burn holes in your pockets. However, some of you wouldn't leave home without a perfume, so why should your home be left to smell offensively odorous? Here's our selections for any situation, from a dinner party to a tabletop talking point.

● RICHARD PECKETT

MUJI MOROCCAN ROSE CANDLE
$18, muji.com

▶ The best buy. It's neither saccharine nor bland but offers a subtle aroma of rose from the Maghreb.

IKEA FENOMEN BLOCK CANDLE
$3, ikea.com

▶ Scented candles and supper do not make happy 'table' fellows. Try this block candle instead.

DIPTYQUE JASMIN
$28, diptyque.com

▶ Rid your loo of that air spray and replace with this fragrant (even when unlit) little number.

FORNASETTI PROFUMI
$165, fornasetti.com,

Fornasetti's Art Deco pieces will get the table talking.

CIRE TRUDON LA MARQUISE
$80, ciretrudon.com

▶ The top notes of verbena, lemon and citronella make for a summery scent.

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Chilly decorating mistakes

How to make your place seasonally stylish and cosy for fall and winter

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

Changing up the look of your place with each change of season is a great way to follow trends without spending a lot of money — a few tabletop vases, some pillows, candles and throws can change a room's feel for the cold weather months.

Buying good decor basics, like a neutral sofa, proper sized dining table and some unique artwork, can help accessorize seasonally without breaking the bank. Here's a few common mistakes people make when attempting fall and winter decorating.

Trying to hide your television: Families watch the TV more in the winter. It is a necessity when it comes to entertainment for most homes.

If your TV hangs above a fireplace mantle, make sure to attach it to a swivel bracket so it can slant down into the room for easier viewing.

If choosing a console, go for a useful yet decorative one that looks like a piece of matching furniture in your room.

Displaying family portraits: Unless you have famous or royal family members I suggest enjoying your framed faces in a more private setting like a bedroom (although do you really want them all looking at you?). Put portraits in hallways, the office or the den.

POTTERY BARN

▶ The right accessories can create a cosy fall retreat.

CONTRIBUTED

▶ A modern fabric and paint colour can help to modernize an outdated antique.

Plastering furniture along the perimeter of a room: "What? are you having a town hall dance in the living room?"

Bringing the sofa in from the walls a few inches and arranging furniture in more intimate groupings will create more personal seating arrangements and actually make a narrow or small room feel larger.

Rule of thumb: no seating arrangement should separate people more than 14 feet apart from one another.

The row of three uptight candles: You know those candles — the ones that must be displayed in a perfect row, spaced exactly four inches apart from one another.

What you are left with is three bright flames gathered to draw your eyes to one side of a room.

Separate and scatter candles to create an even glow around the room.

Use flameless LED candles to add ambience on bookshelves, window sills and picture ledges.

Floating a tiny rug in the middle of a large room: Rugs are meant to tie furnishings together, not to sit lonely in the centre of the room to be admired.

If the front legs of the sofa and chairs are not sitting on the rug in your living or family room, then the rug is too small for that area.

In the dining room, the rug should be a minimum 18 inches larger on each side of the table.

Displaying family heirlooms that do not reflect your style: How many times have you made excuses for unmatched hand-me-downs?

You may as well be saying "Don't mind that old wooden coffin in the corner — that's just Grandma!"

If you have a piece of furniture that doesn't follow suit with your decor scheme, then have it refinished to a wood stain colour or upholstery fabric that helps it blend in.

If it is artwork that looks outdated then consider having it re-framed with a more up to date frame for a fresh look.

If that doesn't work there is bound to be some jealous relative that wants it more than you ever did, so pass it along.

Hanging artwork too high: You know when someone has hung their artwork too high — the paintings look like they are creeping up the walls away from the sofa, your head is angled toward the ceiling and when you sit in a room you stare at the bottom of the picture frame.

The rule of thumb is that your artwork is hung about 10 to 12 inches from the top of the sofa, credenza or desk.

If the art is not hung above a piece of furniture then on an empty wall the middle should be a 66 to 70 inches off the floor.

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Shine a l'il light

Cosying up with a chenille throw and a good book gets you nowhere if the lighting is poor.

- **Overhead lighting** can often be too bright or undirected, while an occasional lamp may not give enough light for reading.
- **Invest** in a good swing-arm, floor-standing reading light to stand beside your favourite chair or bedside.

WEST ELM

▶ A swing-arm floor lamp is the perfect light source for reading.

COMING THIS FALL

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Weekly Cookbook

In her book 400 Best Sandwich Recipes: From Classics & Burgers to Wraps & Condiments (Robert Rose, 2011), Alison Lewis sets out to prove that a sandwich is no longer reserved for mid-day noshing.

Aside from recipes, Lewis includes a section on the need to choose great breads and the hunt for quality meats, seafood, cheese, vegetables and fruits to create the best sandwiches.

A sandwich for all to love

This well-balanced cheese and avocado sandwich is a nutritional family choice Kids will love the fact that it's grilled, while adults will enjoy the mix of toppings and healthy bread

This avocado, tomato and cheese sandwich is a nutritious and well-balanced lunch or light supper option for the youngsters in the family.

Grown-ups will undoubtedly fancy it as well.

Ingredients:

- 4 slices cheddar cheese
- 8 slices whole-wheat or whole-grain bread
- 1 ripe fresh avocado, peeled, seeded and sliced
- 1 medium tomato, sliced
- 4 slices red onion
- Chili sauce, to taste
- 4 slices Monterey Jack cheese
- Olive oil cooking spray

Preparation:

1. Place four bread slices on a work surface. On each, place a slice of cheddar cheese, a layer of avocado, tomato and onion slices. Add chili sauce over each sandwhich to taste. Top it with Monterey Jack cheese and finish the sandwiches with the remaining bread slices.
2. Heat a large sized skillet over medium heat. Spray the skillet with olive oil cooking spray. Place the sandwiches in the skillet and cook them until the bread is browned. Turn and cook until cheese has melted. Serve hot.

THE CANADIAN PRESS/ CALIFORNIA AVOCADO COMMISSION

THE CANADIAN PRESS H/O

This recipe makes four sandwiches.

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Take sandwich from good to great with these spreads

THE CANADIAN PRESS H/O

One serving is 15 ml (1 tbsp) of each spread.

Hummus-Style Spread Preparation:

1. In a food processor or blender, place all ingredients and mix well.

Ingredients:

- 500 ml (2 cups) canned chickpeas, drained and rinsed
- 250 ml (1 cup) Balkan-style yogurt
- 125 ml (1/2 cup) low-fat mayonnaise-type dressing
- 30 ml (2 tbsp) tahini (optional)
- 2 cloves garlic
- Lemon juice, to taste
- 15 ml (1 tbsp) olive oil

Red Pepper Spread Preparation:

1. In a food processor or blender, place all ingredients and mix well.

Ingredients:

- 250 ml (1 cup) mayo
- 125 ml (1/2 cup) tomato
- 250 ml (1 cup) roasted red peppers
- 30 ml (2 tbsp) basil
- 125 ml (1/2 cup) sour cream

Onion Spread Preparation:

1. In a skillet, heat oil; caramelize onions and garlic and set aside to let cool.
2. In a food processor or blender, place all ingredients and mix well.

Ingredients:

- 15 ml (1 tbsp) olive oil
- 375 ml (1 1/2 cups) onions
- 1 clove garlic, minced
- 375 ml (1 1/2 cups) sour cream
- 175 ml (3/4 cup) low-fat mayonnaise-type dressing
- Lemon juice, to taste
- 1.5 ml (1/3 tsp) sea salt

THE CANADIAN PRESS

There's always next year

Blue Jays finish off season with .500 record and hope for the future

BLUE JAYS	WHITE SOX
3	2

It has become a familiar end-of-season routine for the Toronto Blue Jays.

Mediocre record. Some cause for optimism. Another fourth-place finish.

However, there appears to be something different about this edition of the Jays. Fuelled by franchise player Jose Bautista and an exciting young core, there is an energy in the clubhouse and among fans in a city starved for a contender.

"We have a bunch of guys that really have nothing to lose and just want to go out there and win," said outfielder Eric Thames. "This fanbase deserves it, this city deserves it, this country deserves it.

"That's what we're out here every day working hard for and hopefully next year we'll come a lot closer to that ring, if not win the ring."

That might be a tad optimistic given that the Jays are saddled with New York, Boston and Tampa Bay in the American League East.

Still, Toronto ended its regular season yesterday by rallying for a 3-2 win in Chicago against the White Sox. That gave the Jays an 81-81 record.

General manager Alex Anthopoulos has stocked the farm system and young players like ace Ricky Romero, catcher J.P. Arencibia and Canadian third baseman Brett Lawrie appear to be the real deal.

Whether the holes in the team's roster can be filled for next year is the big question.

"I think we've got a ton of talent here that's very young and definitely the future is bright," said Jays reliever Casey Janssen.

There were some success stories for the Jays and a few failures too."

One of the biggest disappointments was Brett Cecil, who led the team with 15 wins last season but spent a chunk of the season at triple-A Las Vegas.

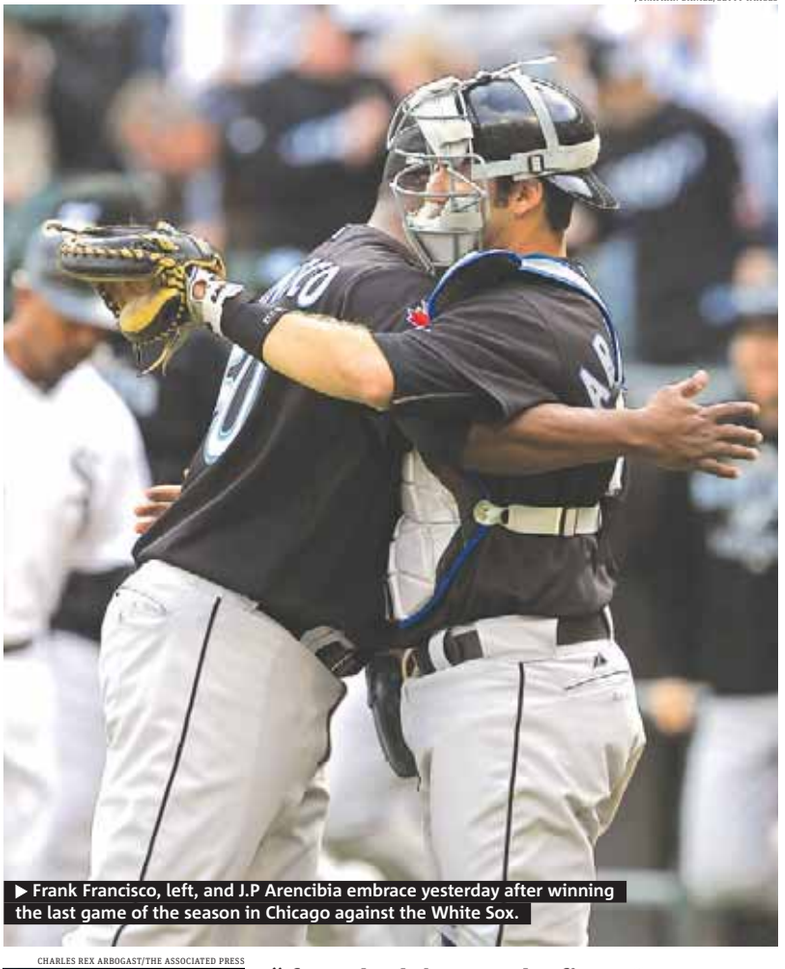
Manger John Farrell predicts the 34-year-old GM will be a busy man.

"Every area is going to be looked at," Farrell said. "The one great thing about Alex is there's no stone left unturned. Whether that's domestically, internationally, free agents, trades, everything will be explored.

"I'm looking forward to what I think is going to be a very active off-season."

THE CANADIAN PRESS

JONATHAN DANIEL/GETTY IMAGES



▶ Frank Francisco, left, and J.P Arencibia embrace yesterday after winning the last game of the season in Chicago against the White Sox.

CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

"If you hadn't seen the first 161 games of the year, you could really look at this game and epitomize or wrap up our entire season. We finished an even .500, but it was the character this team has demonstrated all year long."

JAYS MANAGER JOHN FARRELL ON YESTERDAY'S SEASON-ENDING WIN

4 sports

Quoted

"It's a big, big step in my career, a new chapter. Hopefully I can bring energy, flavour and enthusiasm, but the most important thing is a winning team."

OZZIE GUILLEN, WHO WAS ANNOUNCED AS THE FLORIDA MARLINS NEW MANAGER YESTERDAY. GUILLEN RESIGNED AS MANAGER OF THE WHITE SOX ON MONDAY.

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New day dawning for Bills

Buffalo club reaping benefits of philosophical change under second-year coach Gailey

One of coach Chan Gailey's first acts upon taking over the Buffalo Bills some 20 months ago was having the TV sets removed from the weight room in a bid to instill a business-first focus.

His next order of business was far less cosmetic, and much more daunting. It involved Gailey attempting to transform what he saw as the telltale signs of a losing culture on a team that's spent an entire decade missing the playoffs.

"Every time you take over a team in a new situation, you're trying to change the mindset from hoping to win to expecting to win," Gailey reiterated several times last year.

Nineteen games into Gailey's tenure, the Bills' transformation into becoming a more confident team is showing signs of blossoming, as linebacker Chris Kelsay put it yesterday.

"I don't have any magic potion. I don't have any fancy words. The guys are doing it."
BUFFALO BILLS HEAD COACH CHAN GAILEY

Defensive lineman Kyle Williams had a more blunt explanation, an indication of how much the Bills are starting to believe in themselves.

"There's only so much you can talk about expecting to win," Williams said. "Confidence comes with winning and not talking about it."

The Bills have earned the right to talk proud once again in getting off to a 3-0 start in preparing to play at Cincinnati (1-2) on Sunday.

A year after a 4-12 finish, Buffalo is one of three unbeaten teams remaining in the NFL. And the Bills are coming off stunning back-to-back comebacks in which they've rallied from double-digit deficits, first against Oakland and then last weekend's stunning 34-31 win over New England.

It's a stirring turnaround for a team that a year ago that didn't win its first game until Week 10.

"Changes needed to be made," centre Eric Wood said. "No TVs in the weight room, that's nothing to give up for a new atmosphere, for a new mentality in here."
THE ASSOCIATED PRESS

RICK STEWART/GETTY IMAGES

▶ Bills coach Chan Gailey.

NBA talks in critical phase

NBA owners and players will meet tomorrow and perhaps through the weekend with commissioner David Stern warning there are "enormous consequences at play" as the two sides try to preserve an on-time start to the season.

Talks ended after two days yesterday so negotiators could return home before summoning their respective bargaining committees to New York for the most important stretch of the lockout. They are prepared to meet through the weekend if progress toward a new collective bargaining agreement is being made.

Stern said there would be "a lot of risk" to not having an agreement by the end of the week. Both sides said there hasn't been enough progress to put them on the verge of a deal.
THE ASSOCIATED PRESS

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EAST DIVISION

	W	L	Pct	GB
x-New York	97	64	.602	—
Boston	90	71	.559	7
Tampa Bay	90	71	.559	7
Toronto	**81**	**81**	**.500**	**16½**
Baltimore	68	93	.422	29

CENTRAL DIVISION

	W	L	Pct	GB
x-Detroit	95	67	.586	—
Cleveland	80	82	.494	15
Chicago	79	83	.488	16
Kansas City	71	91	.438	24
Minnesota	63	99	.389	32

WEST DIVISION

	W	L	Pct	GB
x-Texas	95	66	.590	—
Los Angeles	86	75	.534	9
Oakland	73	88	.453	22
Seattle	67	94	.416	28

x — clinched playoff berth

Yesterday's results
Toronto 3 Chicago White Sox 2
Minnesota 1 Kansas City 0
Detroit 5 Cleveland 4
Boston at Baltimore
N.Y. Yankees at Tampa Bay
Texas at L.A. Angels
Oakland at Seattle
Tuesday's results
Chicago White Sox 2 **Toronto 1**
Tampa Bay 5 N.Y. Yankees 3
Minnesota 7 Kansas City 4
Texas 10 L.A. Angels 3
Oakland 7 Seattle 0
Boston 8 Baltimore 7
Detroit 9 Cleveland 6
END OF REGULAR SEASON

AL LEADERS

	G	AB	R	H	Avg.
MiCabrera Det	160	568	110	195	.343
MiYoung Tex	158	627	87	212	.338
AdGonzalez Bos	158	628	108	212	.338
VMartinez Det	144	537	75	175	.326
Ellsbury Bos	157	655	119	211	.322
DOrtiz Bos	145	521	84	160	.307
MeCabrera KC	155	658	102	201	.305
Kotchman TB	145	495	43	151	.305
Pedroia Bos	158	631	101	192	.304
Bautista Tor	**148**	**510**	**105**	**155**	**.304**

Runs — Granderson, NY, 135; Kinsler, Texas, 121; Ellsbury, Bos., 119; MiCabrera, Det., 110; AdGonzalez, Bos., 108; **Bautista, Toronto, 105.**
RBI — Granderson, NY, 119; Cano, NY, 118; AdGonzalez, Bos., 117; Teixeira, NY, 106; MiYoung, Tex., 106.
Hits — AdGonzalez, Bos., 212; MiYoung, Tex., 212; Ellsbury, Bos., 211; MeCabrera, KC, 201.
Doubles — MiCabrera, Det., 47; Francoeur, KC, 47; Cano, NY, 46; Ellsbury, Bos., 46.
Triples — Bourjos, LA, 11; AJackson, Detroit, 11; Granderson, NY, 10; Aybar, LA, 8; AEscobar, Kansas City, 8; Gardner, NY, 8; JWeeks, Oakland, 8.
Home Runs — **Bautista, Toronto, 43;** Granderson, NY, 41; MarReynolds, Bal., 37; Teixeira, NY, 37; Beltre, Tex., 32; Ellsbury, Bos., 32; Kinsler, Tex., 32.
Stolen Bases — Crisp, Oak., 49; Gardner, NY, 49; ISuzuki, Sea., 40; Ellsbury, Bos., 38; Andrus, Texas, 36; BUpton, Tampa Bay, 35; **RDavis, Toronto, 34;** Revere, Minnesota, 34.
Yesterday's games not included

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
x-Philadelphia	101	60	.627	—
Atlanta	89	72	.553	12
Washington	80	81	.497	21
New York	77	85	.475	24½
Florida	72	90	.444	29½

CENTRAL DIVISION

	W	L	Pct	GB
x-Milwaukee	95	66	.590	—
St. Louis	90	72	.556	5½
Cincinnati	79	83	.488	16½
Pittsburgh	72	89	.447	23
Chicago	71	90	.441	24
Houston	56	106	.346	39½

WEST DIVISION

	W	L	Pct	GB
x-Arizona	94	67	.584	—
San Francisco	86	76	.531	8½
Los Angeles	81	79	.506	12½
Colorado	73	89	.451	21½
San Diego	70	91	.435	24

x — clinched playoff berth

Yesterday's results
St. Louis 8 Houston 0
Colorado 6 San Francisco 3
Washington 3 Florida 1
N.Y. Mets 3 Cincinnati 0
Philadelphia at Atlanta
Pittsburgh at Milwaukee
Chicago Cubs at San Diego
L.A. Dodgers at Arizona
Tuesday's results
Arizona 7 L.A. Dodgers 6 (10 inn.)
Cincinnati 5 N.Y. Mets 4 (13 inn.)
St. Louis 13 Houston 6
Philadelphia 7 Atlanta 1
San Francisco 7 Colorado 0
Florida 3 Washington 2
Milwaukee 6 Pittsburgh 4
Chicago Cubs 6 San Diego 2
END OF REGULAR SEASON

NL LEADERS

	G	AB	R	H	Avg.
JosReyes NYM	125	536	101	180	.336
Braun Mil	149	559	109	187	.335
Kemp LAD	160	598	114	194	.324
Pence Pha	153	602	83	188	.312
Votto Cin	160	596	101	185	.310
SCastro ChiC	157	671	91	206	.307
ArRamirez ChiC	148	562	80	172	.306
YMolina StL	138	471	55	144	.306
Morse Wash	146	522	73	158	.303
Tulowitzki Col	143	537	81	162	.302

Runs — Kemp, LA, 114; Braun, Mil., 109; JUpton, Arz., 105; Pujols, StL, 104; JosReyes, NY, 101; Votto, Cin., 101.
RBI— Kemp, LA, 124; Fielder, Mil., 120; Howard, Phi., 115; Braun, Mil., 111; Tulowitzki, Col., 105; Votto, Cin., 103; Pujols, StL, 98.
Hits — SCastro, Chi., 206; Kemp, LA, 194; Bourn, Atl., 190; Pence, Phi., 188; Braun, Mil., 187; Votto, Cin., 185; BPhillips, Cin., 183.
Doubles — Votto, Cin., 40; Beltran, SF, 39; JUpton, Arz., 39; Braun, Mil., 38; CaLee, Hou., 38; Pence, Phi., 38; BPhillips, Cin., 38; CYoung, Arz., 38.
Triples — JosReyes, NY, 16; Victorino, Phi., 16; Fowler, Col., 15; Bourn, Atl., 10; SCastro, Chi., 9; SSmith, Col., 9.
Home Runs — Fielder, Mil., 38; Kemp, LA, 38; Pujols, StL, 37; Uggla, Atl., 35; Stanton, Fla., 34; Braun, Mil., 33; Howard, Phi., 33.
Stolen Bases — Bourn, Atl., 59; Bonifacio, Fla., 40; Kemp, LA, 40; Stubbs, Cin., 40.
Yesterday's games not included

BLUE JAYS 3, WHITE SOX 2

Toronto	AB	R	H	BI	BB	SO	Avg.
McCoy ss	4	1	0	0	1	0	.198
E.Thames lf	5	0	1	1	0	2	.262
Bautista dh	3	0	0	0	1	2	.302
K.Johnson 2b	3	1	1	1	0	2	.270
Cooper 1b	4	1	1	0	0	0	.211
Rasmus cf	3	0	0	0	0	1	.173
Arencibia c	2	0	0	0	2	0	.219
Teahen 3b	2	0	1	1	2	1	.200
Wise rf	2	0	0	0	0	1	.125
J.Molina ph	1	0	0	0	0	1	.281
Loewen rf	0	0	0	1	1	0	.188
Totals	**29**	**3**	**4**	**3**	**7**	**10**	
Chicago	**AB**	**R**	**H**	**BI**	**BB**	**SO**	**Avg.**
Pierre lf	5	0	0	0	0	2	.279
De Aza cf	3	1	2	0	1	0	.329
Al.Ramirez ss	3	0	2	1	1	1	.269
Pierzynski dh	4	0	1	0	0	0	.287
E.Escobar pr-dh	0	0	0	0	0	0	.286
Flowers 1b	2	0	0	0	2	1	.209
Viciedo rf	4	0	0	0	0	1	.255
Morel 3b	4	0	0	0	0	1	.245
Lucy c	3	0	0	0	1	3	.200
Beckham 2b	4	1	2	1	0	1	.230
Totals	**32**	**2**	**7**	**2**	**5**	**10**	

Toronto	**100**	**000**	**002—3 4 0**
Chicago	**000**	**110**	**000—2 7 0**

LOB—Toronto 8, Chicago 8. 2B—E.Thames (24), K.Johnson (4), Al.Ramirez (31). HR—Beckham (10), off Morrow. RBIs—E.Thames (37), Teahen (14), Loewen (4), Al.Ramirez (70), Beckham (44). S—Rasmus.

Toronto	IP	H	R	ER	BB	SO	NP	ERA
Morrow	6	5	2	2	5	7	105	4.72
Janssen	1	0	0	0	0	2	10	2.26
Camp W, 6-3	1	1	0	0	0	0	7	4.21
F.Frncsc S, 17-21	1	1	0	0	0	1	17	3.55
Chicago	**IP**	**H**	**R**	**ER**	**BB**	**SO**	**NP**	**ERA**
Humber	6⅓	2	1	1	4	9	105	3.75
Thornton H, 20	1⅓	0	0	0	0	1	19	3.32
SI L, 2-2 BS, 2-10	⅓	2	2	2	3	0	26	2.79
S.Santos	⅓	0	0	0	0	0	5	3.55
Ohman	⅓	0	0	0	0	0	5	4.22

T—2:48. A—20,524 (40,615).

BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Bautista	510	105	155	43	103	.304
Lawrie	150	26	44	9	25	.293
Escobar	513	77	149	11	48	.290
Molina	170	19	48	3	15	.282
Encarnacion	481	70	131	17	55	.272
Johnson	112	15	30	3	9	.268
Thames	357	58	94	12	36	.263
Lind	499	56	125	26	87	.251
Davis	320	44	76	1	29	.238
Arencibia	441	47	97	23	78	.220
Cooper	67	8	14	2	12	.209
McCoy	193	25	39	2	10	.202
Teahen	158	14	31	4	13	.196
Loewen	32	4	6	1	3	.188
Rasmus	130	14	23	3	13	.177
Wise	30	4	4	2	2	.133
Woodward	10	3	0	0	0	.000

PITCHERS	W	L	SV	IP	SO	ERA
McCoy	0	0	0	1.0	0	0.00
Beck	0	0	0	2.1	3	0.00
Carreno	1	0	0	15.2	14	1.15
Janssen	6	0	2	54.2	51	2.30
Romero	15	11	0	225.0	178	2.92
Alvarez	1	3	0	63.2	40	3.53
Francisco	1	4	16	49.2	52	3.62
Villanueva	6	4	0	107.0	68	4.04
Camp	5	3	1	65.1	32	4.27
Litsch	6	3	1	75.0	66	4.44
Cecil	4	11	0	123.2	87	4.73
Morrow	11	11	0	173.1	196	4.78
Rauch	5	4	11	52.0	36	4.85
Perez	3	3	0	65.0	54	5.12
Drabek	4	5	0	78.2	51	6.06
McGowan	0	2	0	21.0	20	6.43
Lewis	0	0	0	5.0	5	9.00
Mills	1	2	0	18.1	18	9.82
Farquhar	0	0	0	2.0	1	13.50

Yesterday's game not included

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Buffalo	3	0	0	1.000	113	73
New England	2	1	0	.667	104	79
N.Y. Jets	2	1	0	.667	83	61
Miami	0	3	0	.000	53	78

SOUTH

	W	L	T	Pct	PF	PA
Houston	2	1	0	.667	90	60
Tennessee	2	1	0	.667	57	43
Jacksonville	1	2	0	.333	29	62
Indianapolis	0	3	0	.000	46	84

NORTH

	W	L	T	Pct	PF	PA
Baltimore	2	1	0	.667	85	40
Cleveland	2	1	0	.667	61	62
Pittsburgh	2	1	0	.667	54	55
Cincinnati	1	2	0	.333	57	54

WEST

	W	L	T	Pct	PF	PA
Oakland	2	1	0	.667	92	82
San Diego	2	1	0	.667	65	69
Denver	1	2	0	.333	58	62
Kansas City	0	3	0	.000	27	109

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Dallas	2	1	0	.667	69	67
Washington	2	1	0	.667	66	53
N.Y. Giants	2	1	0	.667	71	60
Philadelphia	1	2	0	.333	78	77

SOUTH

	W	L	T	Pct	PF	PA
Tampa Bay	2	1	0	.667	60	60
New Orleans	2	1	0	.667	104	88
Carolina	1	2	0	.333	60	68
Atlanta	1	2	0	.333	60	77

NORTH

	W	L	T	Pct	PF	PA
Green Bay	3	0	0	1.000	99	74
Detroit	3	0	0	1.000	101	46
Chicago	1	2	0	.333	60	69
Minnesota	0	3	0	.000	60	74

WEST

	W	L	T	Pct	PF	PA
San Francisco	2	1	0	.667	70	52
Seattle	1	2	0	.333	30	67
Arizona	1	2	0	.333	59	56
St. Louis	0	3	0	.000	36	96

WEEK 3
Sunday's games
All times Eastern
Detroit at Dallas, 1 p.m.
Washington at St. Louis, 1 p.m.
Minnesota at Kansas City, 1 p.m.
Carolina at Chicago, 1 p.m.
Pittsburgh at Houston, 1 p.m.
New Orleans at Jacksonville, 1 p.m.
San Francisco at Philadelphia, 1 p.m.
Tennessee at Cleveland, 1 p.m.
Buffalo at Cincinnati, 1 p.m.
N.Y. Giants at Arizona, 4:05 p.m.
Atlanta at Seattle, 4:05 p.m.
Miami at San Diego, 4:15 p.m.
New England at Oakland, 4:15 p.m.
Denver at Green Bay, 4:15 p.m.
N.Y. Jets at Baltimore, 8:20 p.m.
Monday, Oct. 3
Indianapolis at Tampa Bay, 8:30 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	12	8	4	0	291	277	16
Montreal	12	7	5	0	374	297	14
Hamilton	12	6	6	0	351	344	12
Toronto	12	3	9	0	251	344	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	12	7	5	0	288	284	14
Calgary	12	7	5	0	324	345	14
B.C.	12	6	6	0	334	249	12
Saskatchewan	12	4	8	0	272	345	8

WEEK 14
All times Eastern
Tomorrow's games
Montreal at Winnipeg, 7:30 p.m.
Edmonton at B.C., 10:30 p.m.
Saturday's games
Saskatchewan at Calgary, 4 p.m.
Hamilton at Toronto, 7 p.m.

TENNIS

ATP

MALAYSIAN OPEN

At Kuala Lumpur, Malaysia
Singles — First Round
Jurgen Melzer (4), Austria, def. Rik de Voest, South Africa, 6-0, 6-4.
Dmitry Tursunov (7), Russia, def. David Goffin, Belgium, 6-3, 6-3.
Flavio Cipolla, Italy, def. Bernard Tomic, Australia, 6-2, 6-2.
Denis Istomin, Uzbekistan, def. Marinko Matosevic, Australia, 6-3, 6-2. Second Round
Marcos Baghdatis, Cyprus, def. Somdev Devvarman, India, 7-5, 6-4.
Doubles — First Round
Martin Emmrich, Ger., & Andreas Siljestrom, Swe., def. **Adil Shamasdin, Pickering, Ont.,** Igor Zelenay, Slovakia, 7-5, 3-6, 10-7 (tiebreak).

PTT THAILAND OPEN

At Bangkok, Thailand
Singles — First Round
Tobias Kamke, Germany, def. Pablo Andujar (8), Spain, 6-0, 6-1.
Go Soeda, Japan, def. Karol Beck, Slovakia, 3-6, 7-6 (3), 7-6 (4).
Singles — Second Round
Gilles Simon (3), France, def. Yen-hsun Lu, Taiwan, 6-7 (4), 7-5, 6-4.
Jarkko Nieminen, Finland, def. Robin Haase (7), Netherlands, 7-6 (5), 7-6 (4).
Matthias Bachinger, Germany, def. Danai Udomchoke, Thailand, 7-6 (5), 6-3.

WTA

TORAY PAN PACIFIC OPEN

At Tokyo
Singles — Third Round
Kaia Kanepi, Estonia, def. Caroline Wozniacki (1), Denmark, 7-5, 1-6, 6-4.
Maria Sharapova (2), Russia, def. Julia Goerges (13), Germany, 7-6 (4), 7-6 (4).
Victoria Azarenka (3), Belarus, def. Klara Zakopalova, Czech Republic, 6-3, 7-5.
Vera Zvonareva (4), Russia, def. Iveta Benesova, Czech Republic, 6-1, 6-2.
Petra Kvitova (5), Czech Republic, def. Vania King, U.S., 6-1, 7-6 (4).
Marion Bartoli (7), France def. Peng Shuai (10), China, 6-2, 6-1.
Agnieszka Radwanska (9), Poland, def. Jelena Jankovic (8), Serbia, 2-6, 6-4, 6-0.
Maria Kirilenko, Russia, def. Ana Ivonovic (12), Serbia, 6-3, 6-1.

NHL

PRE-SEASON

Last night's results
Nashville 4 Washington 1
Carolina at Winnipeg
Detroit at Chicago
Los Angeles at Colorado
Vancouver at Anaheim
Tuesday's results
Toronto 5 Ottawa 3
Edmonton 3 Phoenix 2
Calgary 2 N.Y. Islanders 0
Dallas 4 Florida 3 (OT)
St. Louis 4 Minnesota 3
Pittsburgh 3 Los Angeles 2 (SO)
Tonight's games
All times Eastern
Ottawa at Boston, 7 p.m.
New Jersey at Philadelphia, 7 p.m.
Minnesota at Columbus, 7 p.m.
Tampa Bay at Montreal, 7:30 p.m.
Colorado at St. Louis, 8 p.m.
Florida at Dallas, 8:30 p.m.
Phoenix at Calgary, 9 p.m.
Vancouver at San Jose, 10:30 p.m.
Tomorrow's games
Buffalo at Washington, 7 p.m.
N.Y. Islanders at New Jersey, 7 p.m.
Columbus at Carolina, 7 p.m.
Toronto at Detroit, 7:30 p.m.
Edmonton at Minnesota, 8 p.m.
Pittsburgh at Chicago, 8:30 p.m.
Nashville at Winnipeg, 8:30 p.m.
Los Angeles at Anaheim, 10 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Houston	31	10	9	12	39	39	42
Columbus	30	11	11	8	35	38	41
Kansas City	30	10	9	11	44	38	41
Philadelphia	29	9	7	13	37	31	40
New York	30	8	7	15	46	41	39
D.C. United	28	9	8	11	43	41	38
Chicago	29	6	8	15	36	39	33
Toronto	31	6	13	12	32	55	30
New England	30	5	13	12	34	49	27

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	30	17	3	10	44	22	61
Seattle	30	15	6	9	49	32	54
Salt Lake	29	15	8	6	42	27	51
Dallas	30	13	10	7	36	33	46
Colorado	31	10	9	12	41	40	42
Portland	30	10	13	7	37	44	37
Chivas USA	31	8	12	11	39	38	35
San Jose	30	6	11	13	32	39	31
Vancouver	29	4	15	10	29	49	22

x — clinched playoff berth.
Note: Three points for a win, one for a tie.
Last night's results
Columbus at Kansas City
Chicago at Real Salt Lake
Tonight's game
All times Eastern
D.C. United at Philadelphia, 8 p.m.
Saturday's games
Chicago at Houston, 4 p.m.
Seattle at New England, 7:30 p.m.
New York at Toronto, 7:30 p.m.
FC Dallas at Colorado, 9 p.m.
Real Salt Lake at Los Angeles, 10:30 p.m.
Sporting Kansas City at San Jose, 10:30 p.m.
Sunday's games
D.C. United at Columbus, 4 p.m.
Portland at Vancouver, 4:30 p.m.
Philadelphia at Chivas USA, 8 p.m.

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NHL AT JOHN LABATT CENTRE

Banana throwing charges laid

ANGELA MULLINS
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METRO CANADA IN LONDON, ONT.

A 26-year-old London, Ont., man has expressed remorse for throwing a banana at a black player during last Thursday's NHL game at the John Labatt Centre, police said yesterday.

Christopher Moorhouse was identified late Tuesday as the person responsible for the incident, London police Chief Brad Duncan said. He has been charged with engaging in prohibited activity on premises under the provincial Trespass to Property Act. If convicted, he faces up to a $2,000 fine.

The incident, which involved Philadelphia Flyers forward Wayne Simmonds, did not meet the threshold for a hate-crime charge, Duncan said. For that, officials would need to prove Moorhouse's actions were "motivated by hatred," the chief said.

COURTESY OF AM980/AM980.CA

▶ Christopher Moorhouse

The incident occurred on Simmonds' shootout attempt in Philadelphia's 4-3 loss to the Detroit Red Wings.

Simmonds scored on the play.

Duncan said multiple tips over several days led to identifying a suspect.

Knee injury may doom Kadri's Leafs roster bid

Injuries to Kadri and Connolly forcing Wilson to mix up his lines

A knee injury to Nazem Kadri could open the door for rookie Matt Frattin to be on the Maple Leafs' opening night roster.

The two young players have been competing hard for a spot with the team and although it's possible both might make the final cut, the more likely scenario was that one of them would be starting with the Toronto Marlies.

But now, Kadri could be out for a few days — or a few weeks, Coach Ron Wilson said after practice yesterday at the MasterCard Centre.

NATHAN DENETTE/THE CANADIAN PRESS

▶ Nazem Kadri, right, and Phil Kessel celebrate a goal against Buffalo last Friday in Toronto.

"It probably happened midway through the third period," Kadri said. "I was coming back on the backcheck and ran into the end of the boards and caught my knee a little funny on the inside."

Kadri, 20, hopes it's only a strain but he was to undergo an MRI yesterday.

"It's still pretty tight," Kadri said. "Hopefully, it loosens up in the next few days and I get back on the ice fast. I've been playing well. I don't want to spend any time off the ice."

"Frattin and Kadri both have played pretty well," Wilson said. "The decision (who to keep) is going to be a hard one. It will depend on whoever we think will help us win the most. Maybe both will be here." TORSTAR NEWS SERVICE

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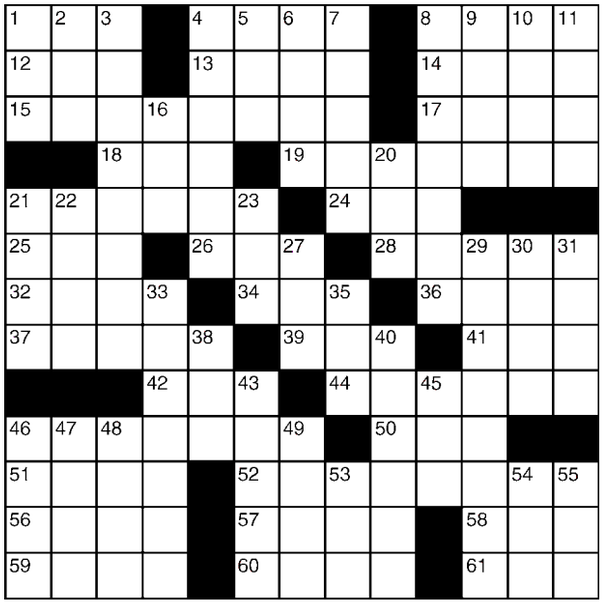
Crossword



Across

1 "— Got a Secret"
4 Ergo
8 "Repeat that, please"
12 Half a dozen
13 Loathe
14 Gardening device
15 Motherly
17 Duel tool
18 Id counterpart
19 2nd-century Roman emperor
21 Not as small
24 Shade
25 Plant bristle
26 Perch
28 Fundamental
32 Castle protection
34 Cattle call?
36 Doubtless
37 Apportion
39 Scull tool
41 Corral
42 Existed
44 Minimum
46 Boat race
50 Indy entry
51 Addict
52 Devilish
56 Carnelian variety
57 Dregs
58 Past
59 Drones
60 Rams fans?
61 Journey segment

Down

1 Doctrine
2 By way of
3 Outer
4 Pangs
5 Solo of "Star Wars"
6 Hexagonal state
7 Unexplained word in Psalms
8 Since, in a preamble
9 Kachina worshiper
10 On the briny
11 Adolescent
16 Early bird?
20 Fix the soundtrack
21 Tibetan monk
22 MPs' quarry
23 Edge
27 As well
29 Heaven-sent
30 Enrages
31 Penny
33 In the direction of
35 Big galoot
38 Tit for —
40 Play break
43 Steps over a fence
45 "— and Peace"
46 Hurry
47 Jacob's brother
48 Bacterium
49 Over again
53 Entry payment
54 Time of your life?
55 Journal

▶ Yesterday's answer

S	I	B		A	S	P	S		N	O	V	A		
O	D	E		T	H	E	Y		O	B	I	T		
F	O	R		H	Y	P	N	O	T	I	Z	E		
A	L	G	A	E			C	H	I					
			N	A	T	O		M	O	T	I	F		
S	A	T	I	R	I	Z	E		N	I	N	A		
U	S	E		T	R	O	V	E		K	E	Y		
M	I	N	G		E	N	E	R	G	I	Z	E		
P	A	S	H	A		E	S	A	U					
			E	L	F			S	N	A	C	K		
T	A	N	T	A	L	I	Z	E		L	E	I		
A	B	E	T		O	D	O	R		B	L	T		
D	A	D	O		W	O	O	S		A	L	E		

Sudoku

5		7					9	4
			3	5				7
8	3	4		9				2
			4				7	8
3		8	1		6	9		5
7	4				2			
2				6		4	5	1
4				1	5			
1	9					7		6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	3	6	1	4	7	5	9	8
9	8	4	3	2	5	6	7	1
5	7	1	6	9	8	2	3	4
1	5	3	7	6	4	9	8	2
7	9	2	8	5	3	1	4	6
4	6	8	2	1	9	7	5	3
6	4	5	9	3	2	8	1	7
3	1	7	5	8	6	4	2	9
8	2	9	4	7	1	3	6	5

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Dearest Cuda, September 29th marks our 5 year anniversary, I love you more as each day passes and look forward to the next 5 year chapter in our lives. Happy Anniversary my heart! **MUNK**

To M, I didn't want to believe you when you said not to contact you ever again. After numerous attempts to try and reach you with no luck, I know you meant what you said. I will no longer try to contact you and will give you this kiss good-bye, I know it is finished **T**

Babylove, Having you a part of my life has been a blessing. You've inspired me to do more than i've ever thought I was capable of. Every day you are a constant reminder that my dreams are within reach..after all I have you in my life! I love you honey. knish<3 **VEE**

Today 19°/10° Showers 40%
Friday 16°/5° Showers 60%
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Cosmic activity in your opposite sign of Libra will bring relationship matters to a head over the next day.

♉ Taurus April 21-May 21 You may be tempted to play around with something that isn't quite working the way you want it to.

♊ Gemini May 22-June 21 You will make a success of whatever you do today, but there are some things you do better than others.

♋ Cancer June 22-July 22 This could be a tricky day for relationships. Open up. Show feelings.

♌ Leo July 23-Aug.23 Something important will happen today, of which you very much approve.

♍ Virgo Aug. 24- Sept. 22 If you need to improve your financial situation, you will find a way over the next 24 hours.

♎ Libra Sept. 23-Oct. 23 This is the ideal time to get serious about a relationship you may have been half-hearted about in the past.

♏ Scorpio Oct. 24-Nov. 22 Something from the past seems to be on your mind lately. Yesterday is finished. It's today that matters.

♐ Sagittarius Nov. 23-Dec. 21 Pay attention to what other people tell you today because they can see things that you cannot.

♑ Capricorn Dec. 22-Jan. 20 If you play your cards right, you could very soon be moving up.

♒ Aquarius Jan. 21-Feb. 18 You need a change of direction, and what happens over the next few days will make it clear it's time.

♓ Pisces Feb. 19-March 20. You have a gift that you may not be making the most of. What are you really good at? **SALLY BROMPTON**

Caption contest

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NATACHA PISARENKO/ THE ASSOCIATED PRESS

WIN!

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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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5 REASONS WHY HYUNDAI IS THE BEST-SELLING CAR BRAND IN CANADA.

1 SAFETY — 2012 SONATA

5-STAR SAFETY RATING▲

OWN IT $**188**† BI-WEEKLY PAYMENT | WITH **0%** FINANCING FOR **60** MONTHS | HIGHWAY **5.7**L/100 KM **50** MPG▼

SELLING PRICE: $24,400*
NO DOWN PAYMENT
SONATA GL 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

Limited model shown

2 PERFORMANCE — 2012 GENESIS COUPE

A NEW CALIBRE OF SMART PERFORMANCE

OWN IT $**205**† BI-WEEKLY PAYMENT | WITH **0%** FINANCING FOR **60** MONTHS | **SELLING PRICE: $26,600***
NO DOWN PAYMENT
GENESIS COUPE 2.0T 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST. | HIGHWAY **6.6**L/100 KM **43** MPG▼

2.0T model shown

GLS model shown

3 FUEL EFFICIENCY — 2012 ACCENT

BEST-IN-CLASS FUEL ECONOMY[◊]

OWN IT $**106**† BI-WEEKLY PAYMENT | WITH **2.90%** FINANCING FOR **72** MONTHS | **SELLING PRICE: $15,130♦**
NO DOWN PAYMENT
ACCENT L 5DR 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST. | HIGHWAY **4.9**L/100 KM **58** MPG[◊]

4 DESIGN — 2012 ELANTRA SEDAN

2011 BEST COMPACT CAR – AUTOPACIFIC VEHICLE SATISFACTION AWARDS[‡]

OWN IT $**144**† BI-WEEKLY PAYMENT | WITH **2.90%** FINANCING FOR **60** MONTHS | **SELLING PRICE: $17,380***
NO DOWN PAYMENT
ELANTRA L 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST. | HIGHWAY **4.9**L/100 KM **58** MPG▼

Limited model shown

5 UTILITY — 2012 SANTA FE 2.4L GL AUTO

2011 BEST-SELLING IMPORT SUV IN CANADA[††]

OWN IT $**219**† BI-WEEKLY PAYMENT | WITH **0%** FINANCING FOR **60** MONTHS | **SELLING PRICE: $28,395***
NO DOWN PAYMENT
SANTA FE 2.4L GL AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST. | HIGHWAY **7.2**L/100 KM **39** MPG▼

Limited model shown

5 YEAR WARRANTY 100,000 KM COMPREHENSIVE LIMITED WARRANTY

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5-year/100,000 km Powertrain Warranty
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GRADUATE REBATE PROGRAM

††The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2012 Sonata GL 6-Speed/2012 Genesis Coupe 2.0T 6-Speed/2012 Accent L 5Dr 6-Speed/2012 Elantra L 6-Speed/2012 Santa Fe 2.4L GL Auto with an annual finance rate of 0%/0%/2.90%/2.90%/0% for 60/60/72/60/60 months. Bi-weekly payment is $188/$205/$106/$144/$219. No down payment is required. Cost of Borrowing is $0/$0/$1,406/$1,312/$0. Finance offers include Delivery and Destination of $1,665/$1,665/$1,495/$1,495/$1,760, fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2012 Elantra L 6-speed for $17,380 at 2.90% per annum equals $144 bi-weekly for 60 months for a total obligation of $18,892. Cash price is $17,380. Cost of Borrowing is $1,312. Example price includes Delivery and Destination of $1,495, fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. ♦Offers for models shown: 2012 Sonata Limited/2012 Genesis Coupe 2.0T 6-Speed/2012 Accent GLS 5Dr/2012 Elantra Limited/2012 Santa Fe Limited is $31,600/$26,600/$18,830/$24,330/$27,695. Delivery and Destination charges of $1,665/$1,665/$1,495/$1,495/$1,760, fees, levies, charges and all applicable taxes (excluding HST) are included. Registration, insurance, PPSA and license fees are excluded. ◊Fuel economy comparison based on combined fuel consumption rating for the 2012 Accent 5D 6-Speed Manual (4.9L/100km) manufacturer's testing and 2011 AIAMC combined fuel consumption ratings for the subcompact vehicle class. ‡AutoPacific Vehicle Satisfaction Award for Best Compact Car awarded to the 2011 Elantra Sedan. ▼Fuel consumption for 2012 Sonata GL 6-Speed (HWY 5.7L/100KM); Genesis Coupe 2.0T 6-Speed (HWY 6.6L/100KM); City 10.0L/100KM)/2012 Accent L 5Dr 6-Speed (HWY 4.9L/100KM; City 6.7L/100KM)/2012 Elantra L 6-speed manual (HWY 4.9L/100KM; City 8.4L/100KM)/2012 Santa Fe 2.4L 6-Speed Automatic FWD (City 10.4L/100KM). HWY 7.2L/100KM) are based on Manufacturer's testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ♦♦Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited. dealer order may be required. ▲Based on the July 2011 AIAMC report. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. †† Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.